<table>
<thead>
<tr>
<th>DLP Training</th>
<th>Child Protection Designated Liaison Person</th>
<th>April 15/04</th>
<th>Coolmine Lodge</th>
<th><strong>Full!</strong></th>
<th>Niamh <a href="mailto:niamhmcguinness@coolminetc.ie">niamhmcguinness@coolminetc.ie</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>This training will equip you with the knowledge and skills required to effectively perform the role of Designated Liaison Person. The training is based on current legislation, national guidance and best practice outlined in Children First 2011, the Children First Act 2015 and the Child Care Act 1991.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Emergency First Aid Training</th>
<th>Learn to respond effectively to basic first aid situations in general</th>
<th>26th of April 9.30 – 4.30</th>
<th>St Catherine’s Foyer</th>
<th><strong>Full!</strong></th>
<th>Niamh <a href="mailto:niamhmcguinness@coolminetc.ie">niamhmcguinness@coolminetc.ie</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>CRAFT (Family Therapy)</td>
<td>This two day training in CRAFT (Community Reinforcement Approach Family Therapy) is designed to train workers to educate anyone who has a family member with a history of addiction. It helps families to support their loved one prior to, during and after treatment</td>
<td>12th &amp; 13th of May</td>
<td>Coolmine House</td>
<td>12 staff</td>
<td>Yvonne <a href="mailto:yvonne@coolminetc.ie">yvonne@coolminetc.ie</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yvonne Booth</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Professional Boundaries Training
This programme is designed to provide an overview of boundaries and the many ways in which they can be encountered and managed. There is a strong emphasis on practical examples of boundary issues throughout the programme and there will be examples of best practice in relation to boundaries offered throughout the training.

**18th of May**

 Apply by the 16th May

<table>
<thead>
<tr>
<th>16 staff</th>
<th>Yvonne Booth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coolmine Lodge</td>
<td><a href="mailto:yvonne@coolminetc.ie">yvonne@coolminetc.ie</a></td>
</tr>
</tbody>
</table>

### Managing Challenging Behaviour
By understanding the potential causes of conflict, action can be taken to reduce its frequency and severity. Staff can take proactive action to defuse situations before they escalate and simple adjustments to policies and procedures can make a difference.

**27th of May**

 Apply by the 16th May

<table>
<thead>
<tr>
<th>16 Staff</th>
<th>David Madden</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coolmine Lodge</td>
<td><a href="mailto:david@coolminetc.ie">david@coolminetc.ie</a></td>
</tr>
<tr>
<td>TC Training- 3 day intensive training</td>
<td>1st, 2nd &amp; 3rd of June</td>
</tr>
<tr>
<td>--------------------------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td>Community as Method model</td>
<td></td>
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<tr>
<td>An understanding of T.C concepts</td>
<td></td>
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<tr>
<td>and practise applied within the</td>
<td></td>
</tr>
<tr>
<td>Community as Method Model and</td>
<td></td>
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<tr>
<td>core competencies for T.C practitioners..</td>
<td></td>
</tr>
<tr>
<td><strong>Basic Emergency First Aid</strong></td>
<td>8th of June</td>
</tr>
<tr>
<td>Learn to respond effectively to basic</td>
<td></td>
</tr>
<tr>
<td>first aid situations in general</td>
<td>Apply by 30th May 2016</td>
</tr>
</tbody>
</table>
### Occupational First Aid
**Fetac level 5**
This 3 day accredited course will provide the learner with the knowledge, practical skills to give effective life support, diagnose and treat injuries or illness, and maintain care and comfort of the casualty and an understanding required to provide and co-ordinate first aid in the workplace in compliance with the requirements of the Safety, Health and Welfare at Work.

- **Dates:** 21st, 22nd, and 23rd of June
- **Location:** Coolmine Lodge
- **November:**
- **Deadline:** Apply by the 13th of June 2016
- **Contact:** Niamh
  niamhmcguinness@coolminetc.ie

### Working with Dual Diagnosis
- **Description:** Staff development session on working with mental health and substance misuse issues.
- **Dates:** 5th of July
- **Location:** Coolmine Lodge
- **Trainer:** Dr. Joanne Fenton
- **November:**
- **Deadline:** Apply by the 27th
- **Contact:** joanne.fenton@hse.ie

### Key Working & Case Management
- **Description:** Key working and Care Planning is a two-day programme for workers who wish to develop and enhance their skills in the key working role.
- **Dates:** 26th & 27th of July
- **Location:** Coolmine Lodge
- **Trainer:** Laura O'Reilly Urrus, BYAP
- **November:**
- **Deadline:** Apply by the 11th of July 2016
- **Contact:**
  - 18 staff (staff whom hold a case load only)
  - Niamh
    niamhmcguinness@coolminetc.ie
### Mind Your Mental Health

Increase awareness and understanding of mental health and well-being and promote the range of supports and resources available, both formal and informal.

**Book by the 1st August 2016**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Staff</th>
<th>Contact Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>16th of August</td>
<td>Coolmine Lodge</td>
<td>Mental Health Ireland</td>
<td>20</td>
<td><a href="mailto:niamhmcguinness@coolminetc.ie">niamhmcguinness@coolminetc.ie</a></td>
</tr>
</tbody>
</table>

### Mindfulness Based Practice

Learn to incorporate Mindfulness Practice into your everyday life to promote stress reduction.

**Book by the 15th of August 2016**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Instructor</th>
<th>Staff</th>
<th>Contact Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 9th, 16th, 23rd, October 7th, 14th, 21st &amp; 28th</td>
<td>Coolmine Lodge</td>
<td>Catherine Meleaday</td>
<td>12</td>
<td><a href="mailto:catherine@coolminetc.ie">catherine@coolminetc.ie</a></td>
</tr>
</tbody>
</table>
## TC Training - 3 day intensive training
*Community as Method model*
An understanding of T.C concepts and practise applied within the Community as Method Model and core competencies for T.C practitioners.

- **3rd, 4th & 5th of October**
- Coolmine Lodge
- Tony Shortt
- 16 staff
- Niamh
  niamhmcguinness@coolminetc.ie

**Apply by the 26th of September 2016**

## Staff Wellness Day
*Incorporating practises to enhance your physical, emotional and physiological wellbeing.*

- **4th of November**
- Coolmine Lodge
- Karen Lennon, Niamh McGuinness & Catherine Meleady
- 16 staff
- Niamh
  niamhmcguinness@coolminetc.ie

**Apply by the 24th of October**

## CRA
*Community Reinforcement Approach*

- **17th & 18th of November**
- Coolmine Lodge
- David Madden & Catherine Meleady
- 12 staff
- David
  david@coolminetc.ie