



COOLMINE

OVERCOMING ADDICTION, SUPPORTING RECOVERY

2017 ANNUAL REPORT

A PATHWAY HOME



MISSION STATEMENT

Coolmine provides a range of quality community and residential services to empower people to end their dependence on drugs and alcohol

VISION

Coolmine believes that everyone should have the opportunity to overcome addiction and lead a fulfilled and productive life.

VALUES

DIGNITY & RESPECT

We ensure the dignity and respect of individuals by actively listening and holding a non-judgmental attitude which is supported by our service standards.

COMPASSION

We believe that compassion is demonstrated through responsible love, concern and understanding for each other.

HONESTY, CONSISTENCY AND RESPONSIBILITY

This value lies at the core of what we believe and is demonstrated by accountability and transparency in all areas of our organisation.

SAFETY & SECURITY

We believe in the physical and psychological safety and security for all through the implementation of sound policy and procedure.

COMMITMENT TO QUALITY

We are committed to quality through evidence based practice, research and continuous improvement of our standards and resources.





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MEET THE COOLMINE COMMUNITY – WILL

Will Burgess arrived at Coolmine Lodge on the 8th of September 2017. He has just started the Coolmine After Care service, having successfully completed the Step Down programme. He recently accepted the role of Client Coordinator in the Lodge which will involve coordinating communication between staff and clients. This includes dealing with any issues that may need to be addressed by the organisation

Will is currently living with other men going through the recovery process in a shared house. This house, offered by a landlord whose previous resident had come from Coolmine's recovery services, greatly aids the recovery process as the tenants can support each other.

"This time last year I was a shell. I had no self-esteem, I couldn't make eye contact with people. I used drugs to give myself confidence. Drugs took away the feelings I constantly had of not being good enough. I needed them to function. Or so I thought.

"I came here from the pre-entry service in prison. I was offered early release from prison but I turned it down so that I could stay in the system and come to Coolmine Lodge. Making that tough decision was the start of me becoming a new person.

"Everything in this place helped me. Every little thing. The sense of community helped me to trust people. I tentatively started opening up a little bit. Letting people know who I was a little bit. And there was no judgement. So I let them in a bit more. And opened myself up a bit more.

"I started trying things. Things that terrified me. Things that I would have laughed at in the past, to mask how afraid of them I was. I've gone sailing here, I've done yoga and art-therapy. Coolmine gave me back so much of what I thought I'd lost forever. I know now that I'm an alright person. And I trust other people. For the first time in my life I have four or five really close friends and I trust them. I can communicate now and I can assert myself, in the right way.

"I love getting out of bed to come to Coolmine. I love knowing that, even when I'm not accessing services any more, I can still walk in those gates whenever I want and know that I'll find a welcome and support.

"I cannot recognise the person I used to be. On Christmas Day 2016 I locked my front door, pulled all the blinds and heated up a pot of noodles for dinner. I didn't want anyone to see me. That's how bad I felt about myself. Now look at me! I now go sailing every week with my club, I've gotten a job with Coolmine that I can't wait to start and I know who I am now. And I like who I am."





CHAIRMAN'S REPORT

Coolmine has sixty adults and eleven babies living with us in our residential facilities – thirty four men in Coolmine Lodge and twenty six women and eleven babies in Ashleigh House. An additional fifty adults attend our outpatient programmes daily in Dublin city. We offer the only mother and child residential service in Ireland, catering for women with children and pregnant women who are seeking help with addiction. 62% of Coolmine clients are from counties outside Dublin. In addition to our residential services, we provide a wide range of services along a continuum of care, including day programmes, nursing services, counselling, career guidance, job and training opportunities, housing and family support.

Responding to clients' presenting needs are at the core of our work. We work with people who are vulnerable, marginalised and often from dysfunctional backgrounds with complex medical and psychiatric needs. We see a prevalence of second and sometimes third generation families with addiction problems. Our work, especially in Ashleigh House, provides us with the opportunity to break that generational cycle of addiction, through working with mothers and their children.

However, every day, an additional 30 women from all over Ireland seek entry to our services, 80% of whom are mothers. Coolmine cannot meet that demand.

We strongly urge Government to meet that demand as per its own stated policy of July 2017 which outlined the need to "increase the number of rehabilitation beds and expand addiction services for pregnant and postnatal women" through a "whole-of-government response". Coolmine calls on Government to follow through on this commitment and deliver resources for further high-risk family treatment centres.

Research

Coolmine has an established research culture. In line with national policy 'to develop sound and comprehensive evidence informed policies and actions', Coolmine is committed to providing evidence of the impact of our services and interventions. Our 2016 TCD/ Coolmine longitudinal outcome research shows that treatment and rehabilitation works for the individual, for the family, the community and for Ireland. 72% of Coolmine clients remain illicit drug-free two years after treatment.

In 2017 we engaged research expertise to deliver further research projects. We shall publish research on women's experiences in the residential drug treatment setting and also commence a study to examine the role of housing and homelessness in treatment pathways during 2018. During 2017 we commenced with a Parents under Pressure (PuP) programme evaluation with Trinity College Dublin and Griffith University, Australia, the results of which will be published in Autumn 2018.

Governance

Our focus is constantly on quality services to ensure best possible outcomes for clients. Critical to best outcomes is continuous staff training and development programmes.

Our quality standards were audited by the Royal College of Psychiatry (UK) in 2017. CCQI accreditation was renewed for meeting the highest quality TC service standards in both Ashleigh House and Coolmine Lodge. We are the only service of our kind in Ireland to achieve this accreditation.

Effective governance is essential in order to achieve Coolmine's vision that everyone should have the opportunity to overcome addiction and lead a fulfilled and productive life. This is the second year of our ambitious Strategic Plan 2016-2018 Overcoming Addiction; Supporting Recovery. An update on implementation of the Plan is presented for approval at every Board meeting. In October 2017 a Board Away Day took place to consider strategic plan implementation, assess response to service demand and assess Board and sub committees' effectiveness. Of particular note was the Audit and Risk Committee's work during the year which led to the appointment of an independent risk expert to the committee, the outsourcing of our Internal Audit function and the employment of double night cover in Coolmine Lodge following risk assessment. The Audit and Risk committee comprehensively reviewed Coolmine's system and processes of Clinical Governance. A Clinical Governance framework was agreed which defined the Clinical Governance functions of the board and the executive.



Elsewhere in this Report, we outline further initiatives taken in 2017 to strengthen governance, including an evaluation of the Board's effectiveness. We comply with the triple lock of good governance recommended by the Charities Institute of Ireland and the Charity Regulator – namely compliance with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland, the Statement of Recommended Practice for Accounting and Reporting by Charities (SORP) and Fundraising Principles.

Some notable events in 2017

- Two Graduation events where 52 Coolmine clients graduated, eighteen to twenty four months after entering Coolmine
- Opening of the extension of our full time Bill Foley Crèche by Minister Katherine Zappone to facilitate up to twenty babies & pre-school children.
- Submissions to government regarding homelessness, housing and high risk families and a proposal to establish a Prison TC in the Irish Prison Estate.
- ECETT (European Companionship in Education, training by travel) General Assembly and Steering Committee was hosted by Coolmine 19-20th September 2017.
- Four ECETT partner staff members from Czech Republic and Belgium participated in five day traineeships in Coolmine.
- Six Coolmine staff participated in five-day traineeships to develop their skills in Spain, Greece and Italy.

Perhaps the most significant to the general public has been 'The Rehab' 3 part series which was broadcast on TV3. Powerful messages were delivered, firstly, that the support offered by Coolmine is both professional and effective. Equally as significant a message – as relayed by many clients in the series – is that recovery from addiction and restoration of hope is possible.

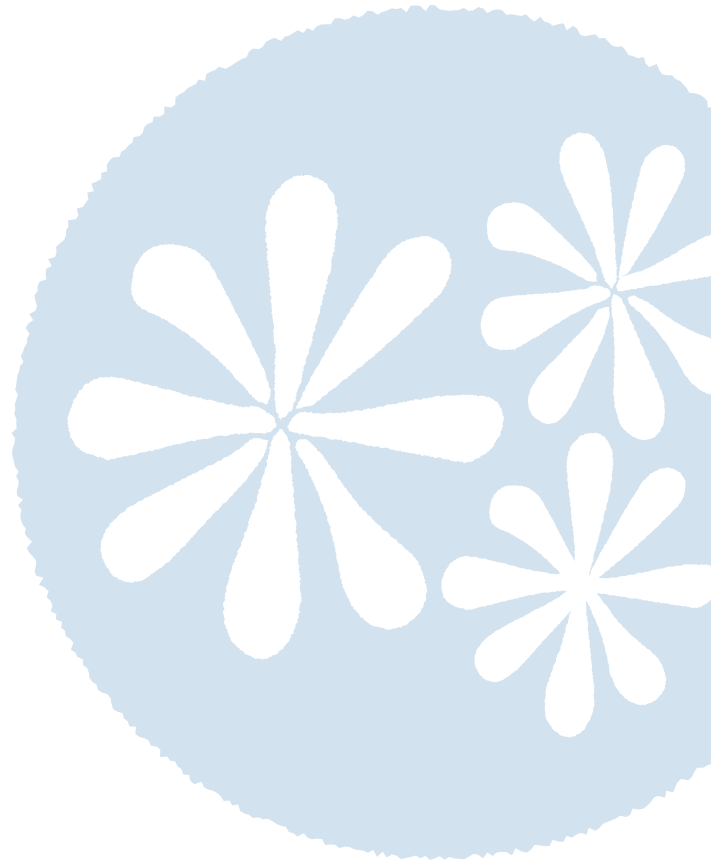
I'd like to take this opportunity to thank those who support us, our donors, funders and strategic partners. On behalf of members of the Board, I also extend our thanks to every member of our team in Coolmine. Our staff members are trained to the highest standards and carry out their work with dedication, respect and

the capabilities to provide the highest possible quality standards. Our thanks also to our Chief Executive who continues to be a strong and dynamic leader.

Coolmine board members contribute their time and expertise on a voluntary basis and I thank each one for their guidance to me and their strong commitment to achieving Coolmine's objectives.



Alan Connolly
Chairman





BOARD MEMBERS' AND GOVERNANCE STRUCTURE



Alan Connolly
Chairman



Carthage Conlon
Company Secretary



Jim McKeon



Neil Bolton
Vice Chairman



Siobhán McGee



Eddie Mathews



Sean Hosford



Dick Brady



Patricia Doherty



Pauline McKeown
Chief Executive



Amy Roche
Head of Services



Dr. Joanne Fenton
Clinical Lead



Paul Donnelly
Head of Finance &
Support Services



John Carroll
Head of Human
Resources



CHIEF EXECUTIVE'S REPORT

Coolmine supported over 9000 individuals and their families to access quality assured addiction treatment and build their recovery capital in 2017. This we achieved through a range of community, day and residential services that empower people and their families to overcome addiction and support recovery. This figure represents a 20% increase in admissions compared to 2016 across our services as we try to meet a continually growing demand. We can predict that over 70% of clients shall remain illicit drug free in two years' time.

During 2017 we expanded our Community and Day Services. This expansion includes two new targeted Assertive roles. The first is an Assertive Outreach role working with New Communities and Travellers provided in collaboration with North Dublin Regional Drug and Alcohol Task Force. By the end of 2017 this service had an active case load of 13 clients, with that figure doubling in 2018. The second is an Assertive Homeless In-reach worker, jointly funded initiative by Health Service Executive CHO9 and CHO 6 and 7, creating pathways for homeless people to access treatment, and rehabilitation, from their problematic substance use and associated issues. This service which was initiated in 2017 and fully implemented in February 2018, is located in North and South inner city homeless hostels and, to date, has an active caseload of 54 clients.

Coolmine's Outreach Services provided over 1031 pre-entry group support placements and assessment and referral interventions to 569 individuals in 2017. The average age of clients availing of Coolmine services in 2017 was 35.5 and 90% of those represent third generation family members. The demand for our residential services continues to grow, in 2017 we worked with 190 residential clients and admitted 56 mothers and 25 children. Coolmine Lodge for men and Ashleigh House for women constantly are at full capacity.

2017 was a momentous year as the Irish Government published, and committed to implement, Reducing Harm Supporting Recovery - A health led response to drug and alcohol use in Ireland 2017-2025. Coolmine welcomes the health led focus of this comprehensive strategy and we look forward to playing our part in its implementation. We welcome the actions arising in the strategy to minimise the harm, caused by problematic substance use, and promotion of rehabilitation and recovery. In particular, we are committed to expand the availability, and geographical spread, of relevant

quality drug and alcohol services based on need. We are delighted to see the actions to support individuals to build Recovery Capital by increasing progression options for recovering drug users.

Coolmine Ashleigh House is the only mother and child residential treatment centre in Ireland. We have worked tirelessly for the last decade to promote and support high risk families, namely pregnant women and mothers with young children, impacted by problem substance use. In 2017, we were honoured to have Katherine Zappone TD, Minister for Children and Youth Affairs open our extended Early Years and Pre-school crèche service on site Ashleigh House. The event represented our deep commitment to reduce the barriers for mothers seeking addiction treatment and to break generational cycles of addiction in high risk families in Irish society.

The commitment made in Reducing Harm: Supporting Recovery to increasing community and residential services for women with problem substance use, including pregnant/with children is so very welcome. We urge prioritisation of this action. Coolmine continually have over 30 women nationally, 80% of whom are mothers and many are pregnant, seeking a high risk family placement in Ashleigh House at any one time. Some shall not survive and others shall not have the opportunity to be a parent to their child(ren), if we do not prioritise increasing high risk family placements urgently.

As part of our ongoing commitment to evidence-based treatment and quality assurance, we continued implementation and evaluation of our Parents under Pressure programme (PuP) in 2017. Supported by Community Foundation Ireland we employed a Parents under Pressure Coordinator, trained 6 PuP therapists internally to full accreditation and 3 PuP supervisors to full accreditation. Of upmost importance was the nine group training roll outs supporting 98 clients to date. In addition, we hosted PuP training in collaboration with Professor Dawe, Griffith University, Australia in Dublin for external peer agencies to access. PuP has a strong evidence base internationally and we look forward to the publication of our formal evaluation in 2018 in collaboration with Trinity College Dublin, Griffith University Australia and the Community Foundation Ireland. The challenge shall be to scale up delivery of PuP in Ireland during 2018.

During 2017 Coolmine struggled to access housing for our clients, and their children, following residential treatment. Although 58 housing placements were achieved in 2017 this represents less than one third of



what was required for our clients last year. Of increasing concern, are the national origin of clients and their children accessing our specialist residential services to be advised they have no local connection and should return to their area of origin. The majority of our clients are homeless. For those who are at risk of homelessness returning to their homes where they suffered abuse, violence, trauma, drug intimidation and may have been engaged in criminal activity, does not aid their recovery.

We urge Government and local authorities to pilot a passport scheme allowing clients, and their children, exiting residential treatment to access recovery accommodation appropriate to their needs. This would operate in line with Rebuilding Ireland commitment to improve the range of substance misuse services and rehabilitation supports for people with high support needs who are homeless. This requires resources to create pathways to a choice of treatment for homeless and recovery accommodation for homeless people exiting residential treatment. We welcome the commitment to develop gender specific step down services for women, and women with children, progressing from rehabilitation at risk of homelessness.

In September 2017 Coolmine hosted a series of events to celebrate international recovery month. 20th-22nd September seen the culmination of over two years work as we hosted the 16th European Federation of Therapeutic Communities Conference (EFTC) in Dublin Castle. The three day conference was supported by the Department of Health, Health Research Board, EFTC Local planning committee and the EFTC Scientific Committee. EFTC is a network of drug and alcohol treatment communities internationally represented by over 25 countries. Over 250 delegates from America, Australia, India, Russia, Israel and Europe attended. Titled Pathways of Care to Recovery the conference presented up to date research on working with Gender, Women and families, mental health and dual diagnosis and treatment in prison and secure environments.

As part of September's Recovery Month, our Voyage of Recovery took place. This saw some of our clients sailing on two yachts from Kinsale into Dublin port. All Voyage of Recovery participants have remained in recovery which represents a 30% increase in normal retention rates. As such, we hope to organise a larger Voyage of Recovery in 2018. Our thanks to Sailing into Wellness and the Dublin Port Authority for their support of this important event.

The mental and physical well-being of our staff is of great importance in Coolmine. The team continually go above and beyond for our clients so we try our best to actively promote healthy activities. This was clearly

evidenced in 2017 as we received a Bronze Active @ Work Award from the Irish Heart Foundation for many health related events including Swim a Mile challenge, Fit for Life and Work programme, Step Challenge; have all had a positive internal and external impact. We shall seek to build on this achievement in 2018.

I would like to take this opportunity to thank the Coolmine team – including staff, board members and volunteers - whose perseverance, dedication and hard work made 2017 such a successful and memorable year for Coolmine. I would like to thank also our supporters as your generosity allows us to continue to provide our recovery services and introduce new programmes to meet growing and changing demands. We look forward to strengthening our relationship with you in 2018.



Pauline McKeown
Chief Executive



ABOUT
COOLMINE

What we do

Coolmine believes that everyone should have the opportunity to overcome addiction and lead a fulfilled and productive life.

Our services are provided in five main ways:

☼ Initial stage: Contact, assessment and stabilisation:

Working in partnership with many other national agencies including Ana Liffey Drugs Project, Merchants Quay Ireland and ADAPT Community Drug Team, we provide access to our services through systems of contact, assessment, keyworking and group supports. Specifically these are:

- Outreach and assessment in the community
- Outreach and assessment in prison estate
- Drop-in service at Coolmine House on Lord Edward Street
- Pre-entry groups facilitated in Dublin1, 2 and 15
- Stabilisation day programme in Coolmine House
- Contingency Management Programme at Coolmine House
- Cannabis & Mental Health Programme
- Assessment for residential and/or community detox

☼ Primary Treatment Services

The Therapeutic Community (TC) model is a recovery approach that is proven to be highly effective. It is a rehabilitation method that sees recovering addicts living and actively participating in a structured drug-free community. In the TC, each person contributes to the general running of the community and thus aids their recovery by actively participating in educational activities along with group and individual therapies. This peer-led structure encourages psychological and behavioural changes with the aim of helping each client to lead drug-free purposeful lives. We offer the following primary treatment services:

- Residential methadone detoxification placements
- Men's residential TC service in Coolmine Lodge
- Women's residential TC service in Ashleigh House and mother and child programmes
- Structured drug free day programme in Coolmine House, Lord Edward Street
- Community detoxification placements available
- Community Alcohol Programme
- Parents Under Pressure Programme

☼ Integration and Aftercare Services

We provide a variety of specialist integration and aftercare programmes to support clients to live independent and meaningful lives, free from drug usage. We empower them through housing provision and education and employment support and training in the following ways:

- Step down programme
- Aftercare services
- Community Housing
- Lifelong graduates service
- Community Employment Scheme

☼ Recovery Services

Our addiction support continues throughout the lives of each of our clients in the following ways:

- Medical services
- Health Promotion
- Housing support
- Education and literacy support
- Career guidance service
- Counselling/Psychotherapy services
- Parents Under Pressure programme
- Recovery Through Nature programme
- Client participation strategy

☼ Family Support Services

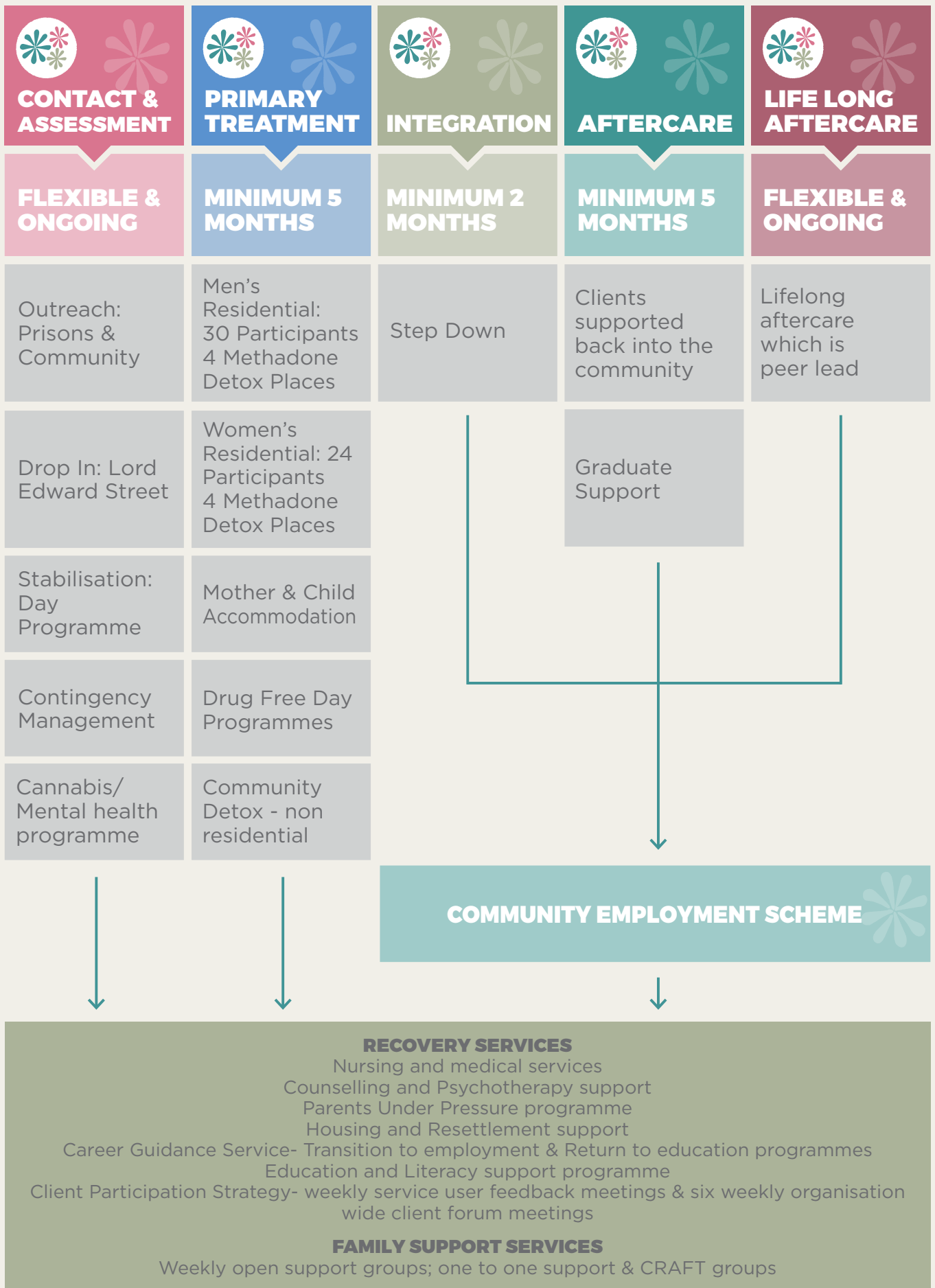
- Weekly open support groups
- One to one support

Our peer-led Family Support Group meets on a weekly basis to offer guidance, help and advice to anyone who is affected by a loved one's addiction. This is a safe place for families to come together and talk about their issues in a secure environment. One-to-one tailored support is also offered for crisis intervention and emotional support.





RANGE OF SERVICES





OUR TOP ACHIEVEMENTS IN 2017

OUR CLIENTS

72%

of Coolmine clients remain illicit drug-free two years after treatment



Roll out of nine Parents under Pressure group training roll outs supporting 98 clients to date.



Over 250 Attended

We hosted the 16th European Federation of Therapeutic Communities Conference (EFTC) in Dublin Castle attended by over 250 delegates from 25 countries across the world

71



We worked with 71 women (a 7.5% increase from 2016) of whom, 55% were from outside of Dublin. 25 of these admissions were mother and child placements (compared to eight in 2016)

119

We worked with 119 men in our men's residential services, Coolmine Lodge

Our Organisation

20%

We experienced a 20% increase in admissions compared to 2016.



Outreach needle exchange programme satellite service in Coolmine House supported an average of 83 new individuals.



Our outreach services provided over 1031 pre-entry group support placements.

88%

Retention Rate

The contingency management programme supported 51 crack/cocaine users to stabilise, reduce their use and progress from their problematic drug abuse. The retention rate for this programme was 88%.

220

INDIVIDUALS

The weekly drop-in service in Coolmine House supported 220 individuals



CCQI accreditation was renewed for meeting the highest quality TC service standards in both Ashleigh House and Coolmine Lodge.

OUR RESEARCH AND ADDITIONAL WORK

25



We hosted the 16th European Federation of Therapeutic Communities Conference (EFTC) in Dublin Castle attended by over 250 delegates from 25 countries across the world.



Four ECETT partners from Czech Republic and Belgium spent five day traineeships in Coolmine.



Broadcast of 'The Rehab' series on TV3 which received very positive feedback Coolmine staff awarded Bronze Active @ Work Award.



6 Coolmine employees travelled to 3 different EU T.C partners in Spain, Greece and Italy on Erasmus and Job shadowing placements



A PATHWAY HOME

Ireland's homelessness crisis continues to deepen. On average this year there were 10,000 people homeless across the country. According to national reports, the number of families becoming homeless increased by 31% since May 2017. And more than one in three of those in emergency accommodation is now a child.

In 2017 Coolmine organised and provided accommodation for 146 people including children.

Of those:

- 37 clients accessed housing placements through our work with other voluntary housing/homeless agencies
- 24 clients accessed private rented accommodation
- 19 Coolmine community house placements were provided
- 15 clients were relocated to family/friend accommodation after appropriate checks were carried out to ensure safe environments
- 3 received long-term social housing
- 12 housing placements were provided by Peter McVerry Trust
- 8 clients accessed emergency homeless accommodation

Challenging Homelessness

Many of the clients who receive or specialist services are homeless or at housing risk. As part of the Therapeutic Community approach, Coolmine provides a range of integration and aftercare programmes to support clients as they transitioned from high support to independent living. Our Step Down programme is an 8-12 week full-time transition programme which is followed by our Aftercare service, a one-to-one support programme that runs for 6 – 12 months.

In 2017, we worked with 119 in our men's residential service, Coolmine Lodge. Each of these men received or will receive housing support to procure accommodation in an appropriate environment that will facilitate their ongoing recovery. Similarly, 71 women passed through our women and children's residential service, of whom 25 attended with their children. In all, 240 individuals progressed through our organisation to our Step Down programmes, Aftercare and graduation. Each of these people have received a tailored care package to allow for optimum recovery success rates. Included therein is housing access.

Tackling Homeless

In response to the recognised need to strategically address the health needs of homeless people an Assertive In-reach service was envisaged. The Coolmine Assertive In-reach service was established in Jan 2018

targeting homeless People in CHO 9, 6 & 7. This service engages with, assesses and provides key working to problematic substance users in Dublin's homeless service providers. The overall aim is to create pathways for homeless people, with addiction and mental health issues, to access treatment.

Since the establishment of the service the Homeless In-reach Worker has engaged with 33 homeless clients seeking support, currently has an active caseload of 24 and 15 of those have progressed to further/ ongoing treatment in this period.

National Savings

Our services provide tangible returns on investment for the State funding we receive. According to the HSE Cost per Unit Study, 2017, a single male placement in Coolmine Lodge costs €13,500 per annum. A prison placement costs €65,000 per annum. A mother and child placement costs €23,000 per annum in Coolmine, while foster care placement for one child costs €20,000 per annum.

National Issues

Coolmine believes that the continued implementation of Rebuilding Ireland, a national plan to tackle the homeless crisis, will positively impact the current levels of homelessness. That said, one of the key challenges within this plan is ensuring that the health needs (often complex) of homeless clients are addressed.

This area is one where we are actively involved, particularly as we continue to roll out our 'Reducing Harm; Supporting Recovery – A health led response to drug and alcohol use in Ireland 2017-2025' strategy. This strategy commits to increasing the number of treatment episodes, provision of step down accommodation post treatment and strengthening the capacity of addiction and homeless services to address complex needs.

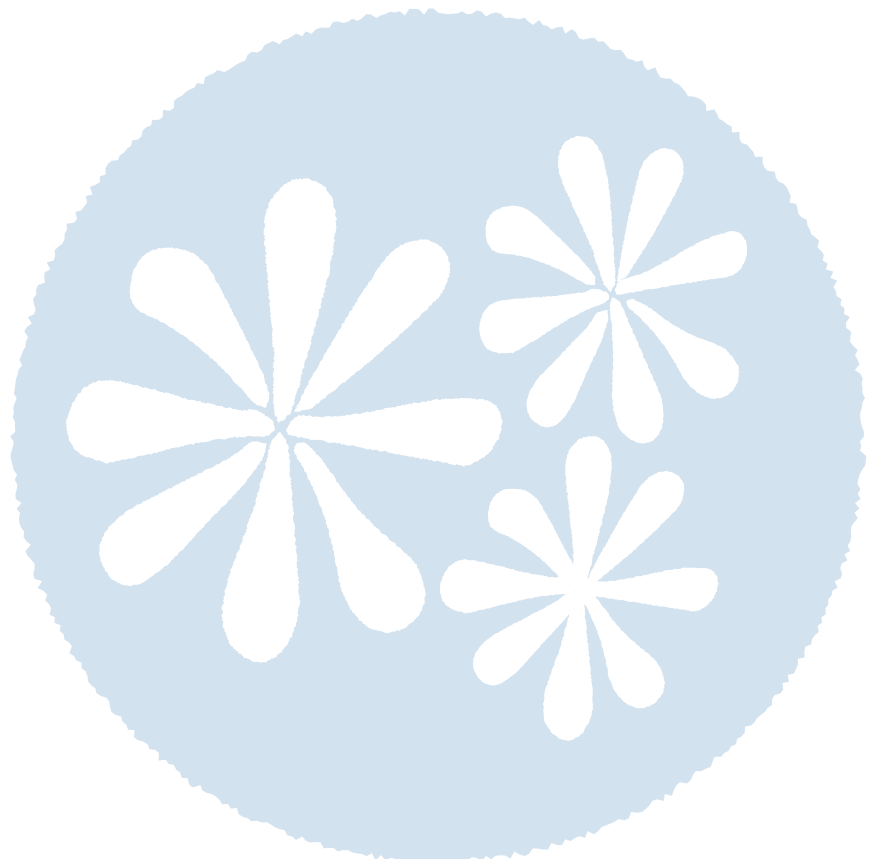
As with Rebuilding Ireland, the strategy is cross cutting requiring the support of several departments, state agencies and community/voluntary service providers to deliver. Responding to the homeless crisis, we have seen a welcome increase in funding to deliver emergency and longer term accommodation for homeless people in Irish society. However, health and wrap around services to address presenting client needs have not increased in tandem. This results in the breakdown of vulnerable housing placements, emergency, shorter and long term placements.

Increasing health supports and wrap around services will create pathways for clients to move out of homelessness. In response to the high prevalence of addiction issues found in the homeless population, assertive In-reach Services need to be resourced. These will aid the engagement, assessment and referrals to addiction services for treatment. As a result, real long term benefits for vulnerable clients and state funding would be made as clients will exit homelessness.



In 2017, we required 160 housing placements but housing challenges meant that only 58 placements occurred, significantly affecting turnover and outcomes.

- We call on the Irish government to provide recovery housing for people who are drug-free. New social housing on a 'Housing Passport' scheme as outlined by the Department of Housing is required which will benefit the country by promoting rural rejuvenation and providing families with greater choice as to their relocation.
- We also call for government support of our well-researched proposal to establish an additional residential facility for high risk families outside the Dublin region. This facility would be similar to Ashleigh House, our mother and baby centre. This new service would make a tangible contribution to tackling increasing addiction problems in Ireland which would have the direct result of helping to break the generational cycle of addiction and reduce homelessness.





COOLMINE HOSTS THE EUROPEAN FEDERATION OF THERAPEUTIC COMMUNITIES CONFERENCE

In September 2017, Coolmine hosted the 16th annual European Federation of Therapeutic Communities Conference (EFTC). This event was supported by the Department of Health, the Health Research Board and the EFTC Scientific Committee and was held in Dublin Castle over two days.

The European Federation of Therapeutic Communities Conference was established in 1981 as a network of drug and alcohol treatment communities. It currently has representatives from over 25 countries and the aim of the conference is to present new research and findings with the aim of TCs learning from each other. The shared vision of each community is to help people with addiction issues return to a fulfilling and positively impactful drug/alcohol free life within the community. Over 250 delegates attended the event from across the world, including those representing organisations in the U.S., Australia, India, Russia, Israel and Europe. 12 keynote addresses, 50 oral presentations, 13 poster presentations and five workshops took place throughout the event.

EFTC Dublin 2017 provided a unique opportunity to digest international research on innovative and evidence-based responses that provide pathways of care for marginalised members of society. Inspirational keynote addresses were delivered under the themes of 'Treatment in Prison and Secure Environments', 'Gender, women and families' and 'Mental Health, Well-Being and Intellectual Difficulties'.





MEET THE COOLMINE COMMUNITY-NADIA

Nadia Essalhi has been a resident in Ashleigh House for four and a half months. She is currently at the senior level of the programme and is the Department Head in the Ashleigh House kitchen. Nadia is in the process of finding housing with Coolmine's help. She will not leave Ashleigh House until appropriate housing has been found for her and her two children.

"I came to Coolmine after I relapsed. I had gone to a different addiction service which did not deal with my addiction issues properly. So I relapsed. Before I came to Coolmine I assumed it would be the same thing - come in, get clean and leave. But it's completely different.

"In Coolmine they help you find the root of your addiction and then you have to work on that. It's tough. It's really tough. I had been told that they would use a behaviour based recovery approach. I didn't think I had any 'behaviours'. But, through the community support in here, I realised that, from a very young age, I had learned to be a people pleaser and had used manipulation. And any feelings or emotions I had, I used to numb with drugs.

"Each of us in here get to a moment where we realise that we need to take responsibility for our actions and for our choices. There's a behaviour pattern we've each been using in our lives - without even thinking. And if you don't work on that you're going to use drugs again. Because you haven't changed your behaviour, your root issues.

"Coolmine taught me how to sit with my feelings, instead of numbing them with drugs. I wake up now every morning and I feel free. I have hope again. I thought I would never feel that again. And I'm remembering the things that make me 'me'. There hadn't been room for me to have a personality when I was on drugs. I'm a creative person who loves to perform. That had all been buried. Drug usage took my confidence and my belief that I was good at doing certain things. I have that back now.

"I have a relationship with my family again. They have the real me back! And I am a good mother to my daughter and my son now. And all without drugs. They don't rule my life any more. I have more important things to think about!

"Sometimes it overwhelms me, the fact that I did it. That I've started a new life where I'm free and have hope. I look around and think "I can't believe I'm here." and I really never thought I could feel like that. That's what this place has given me."

Coolmine is a registered charity and a company limited by guarantee without a share capital. Its purpose, objectives and how it conducts its business are set out in its Memorandum of Association as available from the Companies Registration Office. The principal activity of the company is the operation, administration and support of therapeutic programmes and communities to support the recovery and resocialisation of persons addicted to drugs and alcohol.

We are conscious that as a charity, particularly one supported by state funding, working with people who are frequently vulnerable, marginalised and often from dysfunctional backgrounds, we must follow strict regulations with regards to governance and stewardship.

In order to maintain standards of best practise across all areas of our organisation, the Board and Management of Coolmine adhere strictly to the recommendations outlined by the Charities Institute of Ireland and the Charity Regulator. We pay particular attention and comply with the Statement of Recommended Practice for Accounting and Reporting by Charities (SORP) alongside the Governance Code and Fundraising Principles. Coolmine recognises that active compliance is an ongoing and continuous task where, as an organisation, we seek to achieve constant standards of excellence.





GOVERNANCE

Coolmine Therapeutic Community Ltd (Coolmine) is constituted as a company limited by guarantee without a share capital. Its purpose, objectives and how it conducts its business are set out in its Constitution which establish the objects and powers of the company as governed by its Constitution and Board of Directors. During March 2017 the objects clause of Coolmine's Constitution was revised and approved by the board of Directors.

The Company is registered with the Charities Regulator and has charitable tax status with the Revenue Commissioners CHY 5902.

In order to maintain standards of best practise across all areas of our organisation, the Board and Management of Coolmine adhere strictly to the recommendations outlined by the Charities Institute of Ireland and the Charity Regulator. We pay particular attention and comply with the Statement of Recommended Practise for Accounting and Reporting by Charities (SORP) alongside the Governance Code and Fundraising Principles. Coolmine recognises that active compliance is an ongoing and continuous task where, as an organisation, we seek to achieve constant standards of excellence.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is governed by a Board of Directors who work in a voluntary capacity. Directors do not receive any remuneration in respect of their service. No expenses were paid to directors in 2017. There have been no contracts or arrangements entered into during the financial year of material interest to a Director.

The Board of Directors met six times during 2017 consisting of quarterly board meetings, a specially convened meeting and an annual strategy review day. The board away day was an all-day event, supported by an external facilitator, with full participation that resulted in an output report that is reflected in the 2018 board agenda and work schedule.

In 2017 three standing sub committees were in place to support Directors to fulfil their governance responsibilities and duties. Board sub-committees comprise of Board Directors and external co-optee's for expertise, when required.

Sub-committees and membership 2017

- **Audit and Risk**
Patricia Doherty (Chair), Sean Hosford (Secretary), Eddie Matthews (Board) and Seamus Dillon (Co-optee)
- **Finance**
Sean Hosford Chair to June 2017. Jim McKeon (Chair), Paul Donnelly (Head of Finance and Support Services) and Pauline McKeown (Chief Executive)
- **Clinical Advisory Group**
Dr Joanne Fenton (Chair & Clinical Governance Lead), Anita Harris (Secretary), Jo Hanna Ivers (TCD), Suzi Lyons (HRB), Mark Kennedy (MQI), Amy Roche (Head of Services), Paul Hatton (Continuing Care Manager), Lisa Larkin (Residential Services

Manager), Julie Walsh (Nurse Team Leader), Joe Farrell (Client Co-ordinator) Peter Moylan (staff representative).

- In addition the following Working Groups took place during 2017.
- **HR-** Alan Connolly, Eddie Matthews, Patricia Doherty
- **Chief Executive evaluation-** Alan Connolly, Patricia Doherty and Dick Brady
- **Corporate Risk-** Patricia Doherty, Alan Connolly and Sean Hosford
- **Board Review and Nominations-** Alan Connolly, Eddie Matthews, Patricia Doherty and Siobhan McGee
- **Review of Company Objectives-** Carthage Conlon, Pauline McKeown

BOARD STANDING COMMITTEES

Set within a culture of corporate governance review, in 2017 board directors agreed to establish a board self-evaluation process during 2018. Following a tender process, the board appointed Crowe Horwath as internal auditors for Coolmine. This resulted in a corporate governance assessment in 2017 as part of phase one of the three year engagement with associated recommendations for board consideration of gender balance and age profile of new directors.

The board also reviewed and agreed to the insertion of two new standing agenda items at Board meetings; Discussion in the absence of the Chief Executive and Conflict of Interest. The board also established a process to evaluate the Chief Executive's performance. This was framed within Coolmine's strategic plan progress under three core performance areas; Leadership, Governance and Management. This shall be an annual process moving forward.

Board of Directors and Subcommittee meeting Attendance 2017	Meetings Attended (Eligible meetings in 2017)	Subcommittee Meetings Attended (Eligible meetings in 2017)
Board Director		
Alan Connolly (Chair)	6 (6)	8 (8)
Neil Bolton (Vice Chair)	5 (6)	0 (0)
Carthage Conlon (Secretary)	5 (6)	2 (2)
Siobhan McGee	4 (6)	0 (0)
Eddie Matthews	5 (6)	6 (8)
Dick Brady	4 (6)	3 (3)
Sean Hosford	6 (6)	4 (5)
Patricia Doherty	6 (6)	10 (11)
Jim McKeon	4 (4)	3 (3)



BOARD OF DIRECTORS CHANGES

- Jim McKeon joined the Board June 2017 and was appointed at the 2017 AGM.
- Carthage Conon, Sean Hosford and Dick Brady were re-elected at the 2017 AGM.
- Alan Connolly was re-appointed Chair in December for a further three year term.

The Strategic Plan 2016-2018

The Plan has key performance indicators and target dates. A Strategic Planning Implementation Group (SPIG), led by the Head of Services, meets six weekly to monitor and ensure the implementation of the strategic objectives. The Chief Executive delivers a report on progress of Strategic Plan implementation at every Board meeting.

QUALITY AND STANDARDS

Coolmine is committed to upholding the highest quality and standards in our service delivery. The board of directors receive a quarterly Clinical Governance Board report from Coolmine's Clinical Governance Lead Dr. J Fenton and our Head of Services.

COOLMINE WORK WITHIN THE FOLLOWING QUALITY STANDARDS:

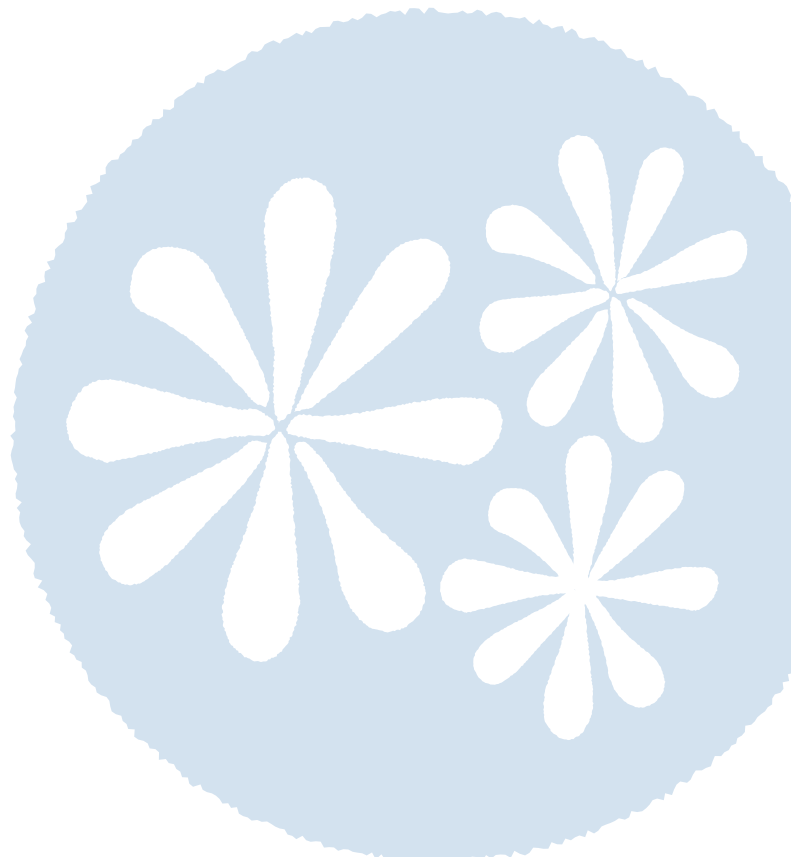
- Royal College of Psychiatrists (UK) Community of Communities Quality Standards (CCQI)

- Children's First Guidelines
- Quality and Alcohol and Drugs Service Standards (Policy & Procedural templates)
- Safer Better Healthcare (HSE)

CCQI Accreditation has been awarded by the Royal College of Psychiatry (UK) for the highest clinical standards in our residential services in both Ashleigh House and Coolmine Lodge 2018- 2021.

Coolmine maintained professional, collaborative and responsive relationships with statutory funders during 2017. This included regular meetings with Health Service Executive National Social Inclusion and Community Healthcare Area's, Probation Service and various government departments.

Coolmine are a leading provider of treatment and rehabilitation services in Ireland and value the close working relationship with peer organisations to ensure that pathways of care for our clients and their families are provided in their community. Coolmine further this aim through our membership and representation at the National Voluntary Drug and Alcohol Sector, East Coast Cluster Sector, Homeless Network and Local Drug and Alcohol Task Forces. In addition, Coolmine's Chief Executive represents the Voluntary sector at the National Oversight Committee Department of Health.





OUR SUPPORTERS

Coolmine supporters are our lifeline. Some have been with us from the very start and others have donated funds to support us with specific projects over the decades.

In 2017 we would like to give our special thanks to the following organisations:

- Department of Justice and Equality via Probation Service
- Health Service Executive
- Department of Health
- Fingal County Council
- Dublin City Council
- Department of Social Protection
- Local Drug and Alcohol Task Forces
- Community Foundation Ireland
- Léargas
- Dublin Port Company
- Mallinckrodt
- Mediolanum
- Nal Von Minden
- Bhp Insurance
- St Patricks Cathedral
- Doggett Group

Throughout this year we worked together with several agencies who allow us to provide the high standards of recovery care for which Coolmine is known. These include but are not limited to Arbour House Cork, Community Employment Schemes, Dublin Simon Community, Focus Ireland, Irish Prison Service, Probation Service, Merchants Quay Ireland, Peter McVerry Trust, CKU Addiction Counselling Service, Business in the Community and Tolka River Project.

We would like to give particular thanks to our strategic partner, Ana Liffey Drugs Project for their continued support in outreach, assessment and pre-entry work. Where Coolmine events are concerned, our gratitude also to our Voyage of Recovery partners, Sailing into Wellness and Dublin Port Authority. Your generosity made a world of difference to the recovery journey for so many of our clients. We would like to thank the Dublin Male Voice Choir and the Blanchardstown Brass Band for their participation in our annual Christmas Gala Concert.

To all of you who generously donate monthly through our 'Friends of Coolmine Campaign', we would like to thank you sincerely for this vital ongoing commitment. We would also like to acknowledge the dedication of our community of fundraisers who took part in challenge events, shook buckets and packed bags in shopping centres in order to raise money for Coolmine. Thanks also to all the clients and staff who go beyond above and beyond the call of duty by giving of their time and energy to help out at fundraising events.

Coolmine express a sincere thank you to the staff of Mallinckrodt Pharmaceuticals Ireland for their consistent, and much appreciated, volunteer hours in the facilities, grounds and gardens of Coolmine Ashleigh House. In addition, we extend a sincere thank you to Mediolanum Ireland for their support to the management team in our public relations, communication and promotion as well as front line volunteer hours. We acknowledge and thank the support from Deloitte and St Vincent De Paul also. We, as always, would like to thank those in the media who have helped us highlight the issues surrounding addiction and the work Coolmine does in helping and supporting people through recovery. Finally we would like to thank everyone who supported Coolmine in 2017 – every donation, big and small, makes an important difference in vulnerable lives. Thank you all.





VOYAGE OF RECOVERY

Voyage of Recovery is a programme which provides opportunities for those with drug and alcohol addiction problems to develop skills and build confidence through sailing. Sail training refers to time spent at sea designed to develop personal growth and social change. It is internationally recognised as a therapeutic tool for addressing issues such as social inclusion, mental health and addiction issues.

The Voyage of Recovery is a partnership between the Cork-based Sailing into Wellness and Coolmine TC and is supported by Dublin Port Company.

The inaugural Irish Voyage took place in September 2017 with 12 Coolmine clients and two staff members on board. Two yachts set sail from Kinsale on the September 17, stopped in Dunmore East, sailed into Dublin Port on the September 19, and returned the same route on the September 23.

The Voyage of Recovery is a life changing experience for clients in recovery from addiction. It improves participants' self-confidence, their sense of personal responsibility and develops education, training and career opportunities.

All 12 clients were from disadvantaged communities and none had ever experienced sailing before. Once sea legs were established, the strength of being part of a team sailing in the ocean, progressing every day around the beautiful coast of Ireland and communicating without drugs or alcohol was life changing.

David Mannion was one of the participants on the Voyage of Recovery and was almost five months into his recovery when he set sail. "I absolutely loved it from the minute we took off," he told RTE's Fergal Keane. "It felt like that boat was our world and there were no problems in my head when I was on the boat sailing through the ocean. It was unbelievable. It took 15 hours but it didn't feel like that: the time flew in and I didn't want to get off the boat. I could have done another two weeks. We all helped each other and worked together on the boat."

Cork man, Robert Duggan, describes the Voyage as "unbelievable, mind-blowing" He's already planning to sign up for future Sailing into Wellness events: "It's the beginning of a long journey for me personally. I'll be coming back to this again and again."

The inaugural Voyage of Recovery has been massively successful. All participants remain in recovery. This represents a 30% higher retention than those who are in treatment with Coolmine who were not exposed to the Voyage."

If you are interested in getting involved or learning more about the Voyage of Recovery, contact james@sailingnotwellness.ie or paulh@coolminetc.ie.





MEET THE COOLMINE COMMUNITY – ZAC

Zac has been a resident of Coolmine Lodge for just over five months. He has just been appointed the role of CCO – head of house - there. This role brings with it a lot of responsibility including the coordination of client activity, elements of house management and dealing with any client issues or requests that may arise. Coolmine is currently working with Zac to find appropriate housing for him. He is not going to return to his previous environment which would challenge his recovery.

“Before I came to Coolmine I was expecting it to be like a workhouse, like something out of Oliver Twist! But that couldn’t be farther from the truth.

“One of the first things I had to get my head around was the fact that clients were in charge. I met people and assumed they were staff members but they were clients, like me. That took some getting used to. Coming from prison you’re so used to thinking of the people in charge being separate to you. But here, it’s all of us from the community who manage a lot of things.

“Part of the process in here is your Concerns meeting. After a month in Coolmine you’re sat down and the rest of the community read out what concerns them about

you. What they think might stand in the way of your recovery happening. It’s obviously a lot easier to give Concerns than to take them but they’re an important part.

“Apart from helping with my addiction recovery, Coolmine has given me a peaceful mind. I used to suppress my anxiety with drugs. Before, I would wake up with a racing head full of thoughts about how I was going to get drugs that day and everything had to involve crime. Now, I’m free from that madness. It’s calm now in my head.

“Talking is vital. You have to talk in here. Talking to each other is how you find out that we’re all mirror images of each other. We’re all coming from different backgrounds and have different issues. But we’re all addicts. And that’s how we are able to help and support each other. Because we know what the other person is going through. We’ve been there.

“It’s taken a while but I know now that I can only do my best. If I don’t place importance on myself, I can’t place it on anyone else. I always say now ‘Don’t know it till you try it and keep up the good fight!’ That’s all you can do.”





FINANCIAL REVIEW

The Statement of Financial Activities and Balance Sheet for the year ended 31 December 2017 together with the notes thereon are outlined on the following pages. The deficit for the year was €25,403 which compares with a deficit in the prior year of €27,433.

INCOMING RESOURCES - WHERE WE GET OUR INCOME

Income for 2017 was €3,219,256 compared to €3,092,044 in 2016.

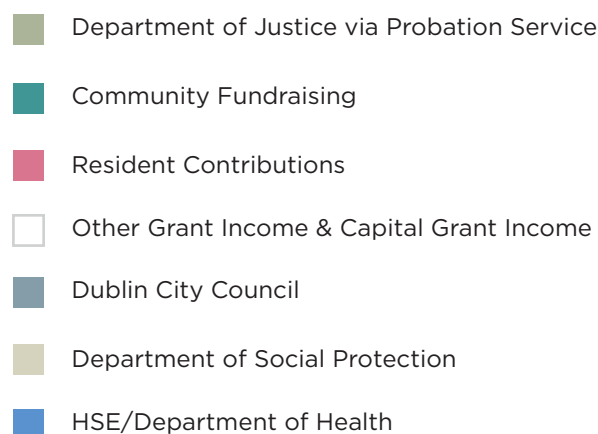
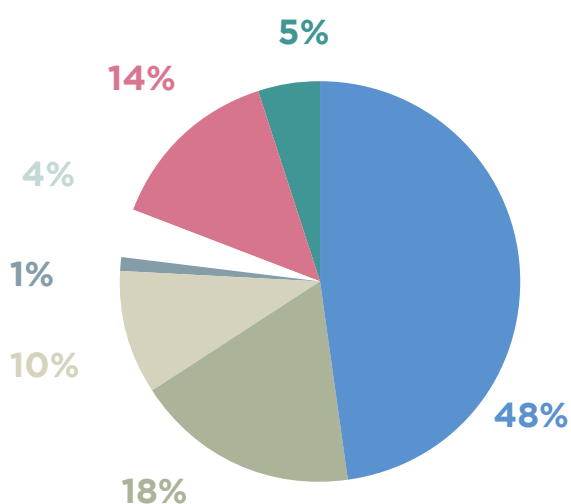
The work of Coolmine would not be possible without the continuing support of funders. Principal funders include

Health Service Executive/Department of Health (48.4%), Department of Justice & Equality via the Probation Service (17.9%) Department of Social Protection – CE Scheme (9.8%) and Dublin City Council (0.8%).

In addition, Coolmine's income is supported by resident contributions (normally the redirection of welfare benefit to Coolmine whilst they are in our residential services) (14.4%), other grant income and capital grant income (4.1%) and community fundraising (4.6%).

RESOURCES EXPENDED - WHERE WE SPENT OUR FUNDS

Sources of Income as %



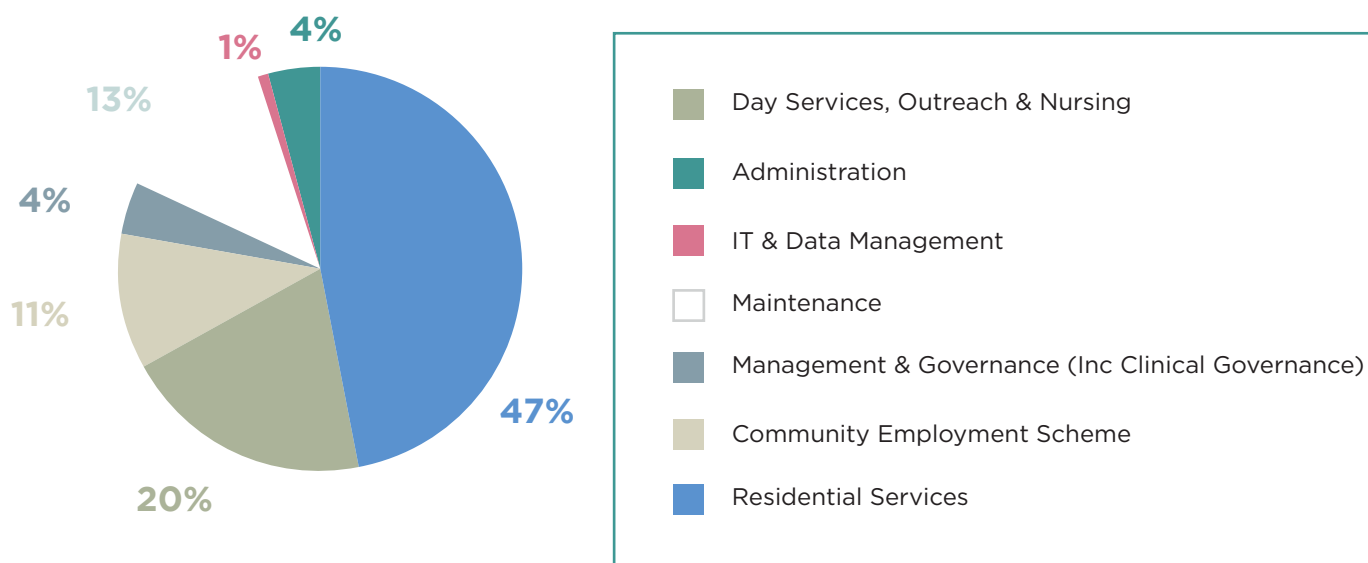
Expenditure for 2017 was €3,224,659.

The incoming resources are wholly used to support the mission of Coolmine and to ensure that robust governance and stewardship procedures exist to safeguard clients and other stakeholders. Income is adequate to maintain services but resource

constraints do restrict the nature of the service and there is scope to do more if resource provision increased. Likewise, we carry some risks due funding constraints and these are discussed in the section on risks and uncertainties.



Areas of Expenditure by %



Areas of Expenditure

Areas of Expenditure	Staffing & Related Costs €,000	Other €,000	Total €,000
Residential Services			
Coolmine Lodge (Men's)	567	241	808
Ashleigh (Women & Children)	502	216	718
Sub-Total	1,069	457	1,526
Day Services	313	47	360
Other Services Supports			
Management & Governance (Including Clinical Governance)	376	46	422
Nursing	110	11	121
Outreach & Community Houses	99	50	149
CE Scheme	349	15	364
Sub-Total	934	122	1056
Organisational Support			
Legal, Insurance, Audit and Depreciation	0	127	127
IT Systems & Support	25	16	41
Administration	98	36	134
Sub-Total	123	179	302
Total	2,439	899	3,244

RESERVES POLICY

The Board of Directors have examined Coolmine's needs for reserves in light of the main risks to the organisation. It has established a policy that the charity should maintain available reserves (namely reserves not

committed or invested in tangible fixed assets) at a level equivalent to 13 weeks expenditure, in order to meet the working capital requirements of the charity.

At the end of 2016 these reserves stood at €221,749 which represents 3.5 weeks of expenditure.



PRINCIPAL RISKS AND UNCERTAINTIES

FUNDING & STAFFING

As ever, Coolmine is extremely dependent on its funding base to maintain services. State funding from various organisations accounts for 77% of our total income in 2017 and this figure barely allows for adequate maintenance of our services at our current levels, albeit with Coolmine operating at a deficit. Any reduction in our funding will pose a serious threat to vital frontline services. This has already come to pass with our Cannabis/ Mental Health programme and Wheatfield pre-entry group both having to cease as funding was not secured to safeguard quality service delivery. Our Recovery Through Nature programme was also curtailed due to lack of funding.

Another risk that funding changes would entail is that our organisation could lose experienced and highly trained and skilled staff members. In order to maintain our standards of excellence, training in Coolmine is a lengthy process and it takes time for each staff member to build specific knowledge and experience to operate at their optimum standard. The Therapeutic Community (TC) model requires the ongoing commitment and long-acquired knowledge base that long-term staff hold. In response to staff expectation of wage movement after eight years of a pay and increment freeze, a decision to increase wages by 1.5% from 1st July 2018 was taken. It is likely that wage movement will be a factor in future years and increased funding is required if Coolmine is to avoid losing competent staff members.

REPUTATION (GOVERNANCE)

As a registered charity, an organisation that receives state funding and a national service provider to frequently vulnerable and marginalised individuals, we recognise that we must constantly work to maintain our high standards of care provision, particularly in the areas of governance and regulation.

To achieve this, the Board and Management of Coolmine wholly embrace compliance with the triple lock of good governance as recommended by the Charities Institute of Ireland and the Charity Regulator. This includes compliance with the Statement of Recommended Practise for Accounting and Reporting by Charities (SORP), alongside the Governance Code and Fundraising Principles. Coolmine recognises that active compliance is an ongoing and continuous task where, as an organisation, we seek to achieve constant improvement.

REPUTATION (ACTIVITY)

Our staff play a vital role in our clients' recovery. To maintain the highest standards of service provision, our staff's performance is constantly reviewed and monitored by our performance management system. We have a safeguarding vulnerable adults' policy, a client complaints policy and a whistle-blower policy in place, along with disciplinary procedures.

Along with this, we also have a Client Forum in place whereby a group made up of selected clients, and led

by a client coordinator (someone who is either a former resident or programme participant) meet regularly to discuss any issues arising. The goal of the Client Forum is to exchange views, voice operational concerns and suggest improvements in a safe space. It allows for uncensored feedback to reach staff in an effective and efficient way.

Coolmine has a duty of care towards both our clients and our staff. We take this responsibility seriously but it was compromised in our men's residential unit at weekends and at night when funding restraints led to staff members working alone. This risk has been reduced as a result of increased funding for 2018 from the Department of Justice and Equality via the Probation Service which allows a second member of staff to be rostered at these times.

OPERATIONAL RISKS

Our main operations take place in old buildings which are in need of complete refurbishment and maintenance. Ongoing minor maintenance works take place but, in the main, this operational requirement is unfunded and presents a serious challenge to the health and well-being of our clients, staff, volunteers and visitors. As it stands, a lot of work is required to ensure that our service units are adequate facilities in which to conduct required activities and provide accommodation to our residential clients.

We are having to invest more and more in IT systems as a way of managing and monitoring our caseload. We also require IT assistance to provide information to possible funders, current supporters, health organisations and clients. In preparation for next year's GDPR roll-out, the safeguarding and best practise collection, storage and management of data is a priority for us. Coolmine is dedicated to taking all necessary steps to comply with the GDPR requirements in order to protect the integrity of our data but we will continue to recognise the threats to digital data which are becoming increasingly advanced and complex.



Coolmine Therapeutic Community
(A company limited by guarantee, not having a share capital)
STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating an Income and Expenditure Account)
For the year ended 2017

	Unrestricted Funds 2017	Restricted Funds 2017	Total 2017	Total 2016
	€	€	€	€
Incoming Resources				
Generated Funds:				
Voluntary income				
Donations and Sundry Income	131,324	-	131,324	73,149
Incoming Resources from Charitable Activities				
Resident Contributions	-	464,001	464,001	521,365
Government Grants	-	2,623,555	2,623,555	2,497,166
Other incoming resources				
Investment Income	376	-	376	364
Total incoming resources	131,700	3,087,556	3,219,256	3,092,044
Resources Expended Cost of generating funds	-	2,174	2,174	2,314
Net incoming resources available for charitable application	131,700	3,085,382	3,217,082	3,089,730
Expenditure on Charitable Activities:				
Staff Costs	-	2,297,148	2,297,148	2,222,655
Establishment & Support Costs	56,406	492,955	549,361	556,815
Direct Costs	-	395,976	395,976	337,693
	56,406	3,186,078	3,242,485	3,117,163
Total resources expended	56,406	3,188,252	3,244,659	3,119,477
Surplus/(deficit) for the year	75,294	(100,696)	(25,403)	(27,433)
Net movement in funds for the year	75,294	(100,696)	(25,403)	(27,433)
Reconciliation of funds				
Balances brought forward at 1 January 2016	562,397	922,118	1,484,515	1,511,948
Balances carried forward at 31 December 2017	637,691	821,422	1,459,112	1,484,515

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.



Coolmine Therapeutic Community
(A company limited by guarantee, not having a share capital)
BALANCE SHEET
as at 31 December 2016

	2017	2016
	€	€
Fixed Assets		
Tangible Assets	1,964,006	1,867,414
Current Assets		
Debtors	105,804	133,377
Cash and cash equivalents	498,897	641,120
	604,701	774,497
Creditors: Amounts falling due within one year	(382,952)	(368,165)
Net Current (Liabilities)/Assets	221,749	406,332
Total Assets less Current Liabilities	2,185,755	2,273,746
Grants Receivable	(726,642)	(789,231)
Net Assets	1,459,113	1,484,515
Funds		
Restricted trust funds	821,421	922,118
General fund (unrestricted)	637,692	562,397
Total funds	1,459,113	1,484,515



Coolmine Therapeutic Community
(A company limited by guarantee, not having a share capital)

CASH FLOW STATEMENT

for the year ended 31 December 2016

	2017	2016
	€	€
Cash flows from operating activities		
Net movement in funds	(25,778)	(27,797)
Adjustments for:		
Depreciation	56,406	55,815
	30,628	28,018
Movements in working capital:		
Movement in debtors	27,573	(107,370)
Movement in creditors	(47,803)	29,815
Cash generated from operations		
Cash flows from investing activities		
Interest received	376	364
Payments to acquire tangible assets	(152,997)	-
Transfer of investments to bank and cash	-	355,513
Net cash generated from investment activities	(152,621)	355,877
Net (decrease)/increase in cash and cash equivalents	(142,223)	306,340
Cash and cash equivalents at 1 January 2017	641,120	334,780
Cash and cash equivalents at 31 December 2017	498,897	641,120

INDEPENDENT AUDITOR'S REPORT

To the Members of Coolmine Therapeutic Community

(A company limited by guarantee, not having a share capital)

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Coolmine Therapeutic Community for the year ended 31 December 2017 which comprise the Income Statement, the Statement of Financial Position, the Statement of Cash Flows and the related notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". In our opinion the financial statements: -

give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2017 and of its profit for the year then ended; - have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and - have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical

responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where: - the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or - the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014:

Based solely on the work undertaken in the course of the audit, we report that: - the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and - in our opinion, the Directors' Report has been prepared in accordance with the Companies Act 2014. We have obtained all the information and explanations which we consider necessary for the purposes of our audit. In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited. The financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to the going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: <[www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description of auditors responsibilities for audit.pdf](http://www.iaasa.ie/getmedia/b2389013-1cf6-458b-9b8f-a98202dc9c3a/Description_of_auditors_responsibilities_for_audit.pdf)> The description forms part of our Auditor's Report.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's shareholders, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's shareholders those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's shareholders, as a body, for our audit work, for this report, or for the opinions we have formed.

Neil Squires for and on behalf of SG CHARTERED ACCOUNTANTS & ADVISORS LIMITED

Chartered Accountants and Statutory Audit Firm
32 Merrion Street Upper
Dublin 2



With your help we can change more people's lives.

FUNDRAISING	COMPANIES	WAYS TO DONATE
Volunteer with us to help fundraise	Involve your company	Online, in person or by post
Fundraise for us through your own event	Payroll giving	Set up a Friends of Coolmine standing order
Take part in organised event (e.g. marathons, mini marathon)	Partnering with Coolmine	Become a major donor
	Staff volunteering opportunities	Donate in memory
		Leave a gift in your will

"I started trying things. Things that terrified me. Things that I would have laughed at in the past, to mask how afraid of them I was. I've gone sailing here, I've done yoga and art-therapy. Coolmine gave me back so much of what I thought I'd lost forever."

Will -



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This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



CHANGING LIVES

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Damastown Close
D15 E8FH
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www.coolmine.ie
info@coolminetc.ie
www.facebook.com/CoolmineTC

Coolmine Therapeutic Community is a registered charity CHY5902