

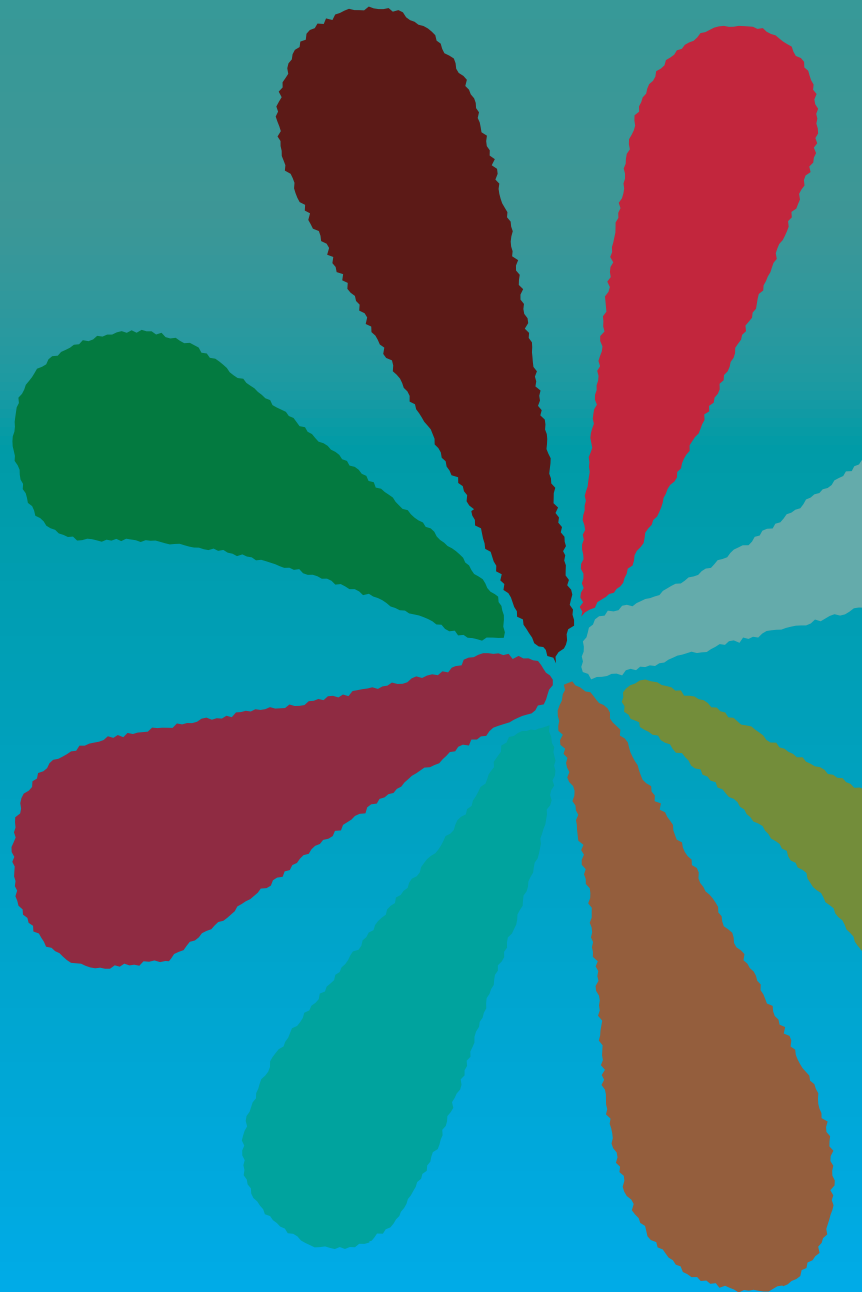


COOLMINE

OVERCOMING ADDICTION, SUPPORTING RECOVERY

ANNUAL REPORT 2018

REACHING OUT SAVING LIVES



MISSION STATEMENT

Coolmine provides a range of quality community and residential services to empower people and their families overcome addiction and support long term recovery.

VISION

Coolmine believes that everyone should have the opportunity to overcome addiction and lead a fulfilled and productive life.

OUR VALUES

DIGNITY & RESPECT

We ensure the dignity and respect of individuals by actively listening and holding a non-judgmental attitude supported by our service standards.

COMPASSION

We believe that compassion is demonstrated through responsible love, concern and understanding for each other.

HONESTY, CONSISTENCY and **RESPONSIBILITY** is our **CORE VALUE**, demonstrated by accountability and transparency in all areas of our organisation.

SAFETY & SECURITY

We believe in the physical and psychological safety and security for all through the implementation of sound policy, procedure and practice.

QUALITY & RESEARCH

We are committed to quality through evidence based practice, research and continuous improvement of our standards and resources.





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Sometimes it overwhelms me, the fact that I did it. That I've started a new life and I have my family and children back. I'm free and have hope. I never thought I could feel like that. That's what this place has given me.

Nadia



CHAIRMAN'S FOREWORD

Coolmine's Board members, management and staff are focused on delivering quality outcomes. Our vision is that everyone should have the opportunity to overcome addiction and live a fulfilled and productive life. In practical terms this means being with family, friends, developing positive relationships, housing, job or in education and training. This is where our services are targeted.

In 2018, Coolmine worked with an increased number of clients and introduced additional outcome focused services. Our service delivery includes, outreach, assessment, stabilisation services with detox placements, contingency management, cannabis programmes, mental health services, community alcohol programmes, residential therapeutic community centres, through to aftercare and family support services.

Located in six sites, we work with people who are vulnerable, marginalised and often from dysfunctional backgrounds with complex medical and psychiatric needs. We see a prevalence of second and sometimes third generation families with addiction problems. Our work, provides us with the opportunity to break that generational cycle of addiction, especially through working with mothers and their children.

Research

Coolmine has an established research culture and is committed to providing evidence of the impact of our services and interventions. The Trinity College Dublin longitudinal outcome research shows us that treatment and rehabilitation works for the individual, for the family, the community and for Ireland. Two years after treatment 72% of Coolmine clients remain illicit drug-free.

In 2018 we engaged research expertise to deliver further research projects. This work included the publication of an evaluation study by Trinity College Dublin, in collaboration with Griffith University Australia, on the Parents under Pressure (PuP) programme in Coolmine. The key findings include that 100% of participants were substance free at programme completion.

Coolmine will publish further research papers in the next two years.

Quality

We are committed to upholding the highest quality and standards in our service delivery. We have processes that ensure continuous improvement in our services and systems that ensure our clients voices and their feedback, are heard and actioned. Our Client Coordinator reports directly into Board meetings.

In 2018, Coolmine was accredited by the Royal College of Psychiatry UK, with CCQI accreditation having met the highest quality Therapeutic Community service standards in our residential services, Ashleigh House and Coolmine Lodge. We are the only service of our kind in Ireland to achieve this recognition.

Strategic Plan

In 2018, Board members, management, staff, clients and key stakeholders collaborated to develop our Strategic Plan 2019-2022.

Governance

Board members are appointed on the basis of skills, knowledge and experience. Risk and corporate and clinical governance is reviewed by our Audit and Risk Committee and overseen by Directors at every Board meeting. Progress on the implementation of the Strategic Plan is monitored at

every Board meeting. An evaluation of the effectiveness of our Board and its Sub Committees' was initiated in 2018 and will be reviewed at a Board away day in 2019.

A comprehensive staff training and development programme is scheduled throughout the year, including mentoring and leadership programmes for management.

We comply with the triple lock of good governance recommended by the Charities Institute of Ireland and the Charity Regulator. We comply with the Code of Practice for Good Governance for the Voluntary and Charity sector in Ireland, the Statement of Recommended Practice for Accounting and Reporting by Charities (SORP) and Fundraising Principles.

Demand for services

Currently we have sixty adults and up to seventeen babies living in our residential facilities in Coolmine. Every day an additional fifty adults come to our day services in Dublin city. We also work with over 120 people daily in our targeted outreach and community services.

697 drug related deaths in Ireland per annum demands that Government urgently prioritise treatment and rehabilitation, as committed to in the national Drugs Strategy 2017-2025, "to increase the number of rehabilitation beds and expand addiction services for pregnant and postnatal women" through a "whole-of-government response".

Coolmine provides the only mother and child residential rehabilitation service in Ireland. This caters for women with children and pregnant women who are seeking help with addiction. We know that the most significant barrier for mothers to access treatment is the fear that they will be separated from their children. Such barriers keep women and children in high risk situations for longer.

We know that the treatment and rehabilitation services provided by Coolmine deliver tangible outcomes that are evidenced. Coolmine proposes to respond to the demand for its services by developing a 20 unit high risk family's service in the mid-west region replicating Coolmine Ashleigh House services. We call on Government and the Department of Health, Housing and Children to immediately act to support Coolmine plans to deliver a second residential treatment centre outside Dublin for women with children and pregnant women who are seeking help with addiction.

I would like to thank those who support Coolmine, our funders, donors and strategic partners.

On behalf of the Board, I also extend our thanks to our team in Coolmine. Our staff members are trained to the highest standards and carry out their work with dedication, respect and the capabilities to provide the highest possible quality standards.

Our thanks also to our Chief Executive who continues to be a strong and dynamic leader.

Members of the Board of Coolmine contribute their time and expertise on a voluntary basis and I thank each one for their guidance to me and their strong commitment to achieving Coolmine's objectives.

**Alan Connolly
Chairman**



CHIEF EXECUTIVES' OVERVIEW

In 2018 Coolmine reached out to over 9000 individuals and their families to save lives.

This we achieved through a range of evidence based, quality assured community, day and residential services. Our services expanded in 2018 in response to a growing national demand for quality addiction service treatment and supports for the most marginalised in Irish society.

In July 2019 the latest homeless figures make for stark reading. The figures show there are now 10,275 adults and children in emergency accommodation, with the increase attributed to a rise in the number of homeless children. The situation remains a significant challenge for us all and we need to do better. Creative innovative responses and inter-agency collaborations are required.

The Health Research Board bulletin; Drug Treatment 2017 National Drug Treatment Reporting System 2011 to 2017; tells us that the socio-demographic characteristics of drug users in Ireland is changing. The median age of drug treatment cases is 30 years old, the proportion of cases recorded as homeless increased from 3% to 9.6% in 2017, the cases recorded as Irish Traveller in ethnicity increased to 3.5%. 65.1% of all cases were unemployed.

Reaching out Saving lives

From our work in Coolmine we know that people can recover from homelessness and addiction. In 2018 we enhanced and created new pathways to treatment through targeted service delivery for travellers, new community members, homeless clients, young people and families. Coolmine has a deep commitment to reduce the barriers for mothers seeking addiction treatment and to break generational cycles of addiction in high risk families in Irish society. As the only residential treatment centre in Ireland for women we work with both pregnant women and women with young children.

We worked with 73 women in Coolmine Ashleigh House during 2018. 58% were national admissions with over one third from the mid-west/west area. 25 high risk families impacted by problem substance use and homelessness were admitted. Ashleigh House also witnessed a decrease in early leavers in 2018 resulting in a 63% retention rate (9% more than 2017) of placements. Our onsite psychiatry service continued to assess, support and provide integrated therapeutic and medical treatment for women with mental health issues at admission. This continued throughout their

programme supporting over 70 women during the year. In 2018 we witnessed a growing waiting list for this national service.

During 2018 we provided an Assertive Outreach Service to travellers and new communities in the North Dublin Regional Drug and Alcohol Task Force area. The outcomes for 2018 include 261 people engaged with during assertive outreach activities. These individuals were supported through signposting and referrals. There were 34 individuals case managed and supported with pathways to further treatment including detox, stabilisation and drug free treatment.

The Assertive Homeless In-reach Service commenced in February 2018 providing clinics in homeless hostels and day services in inner city Dublin. The service offers assertive brief interventions, 1:2:1 key working and case management creating pathways to treatment for homeless clients. During 2018 we worked with 98 individuals across different homeless and addiction services. 35 individual progressions to further treatment were evidenced.

In November 2018 in collaboration with HSE CH09 and Blanchardstown Local Drug and Alcohol Task Force we established the Dublin 15 Community Addiction Team (D15 CAT). This service assertively targets young people, new communities, adults and families impacted by problem substance use. This service supported 233 individuals during the first 6 months of service delivery.

During 2018 we continued to experience a demand from criminal justice services to access Therapeutic Community treatment. We worked with 118 men in residence at Coolmine Lodge of whom 32% were direct prison/probation service referrals. A significant decrease in early leavers was achieved, a reduction of 73 (62%) in 2017 to 42 (35 %) in 2018.

Housing need

In 2018, 240 individuals progressed across the organisation to step down, aftercare and graduate services. This was due to specific care plan progression and recovery supports being in place. That said, the most significant challenge was, and remains, appropriate housing. During 2018 we worked in collaboration with Peter Mc Verry Trust, De Paul, Focus Ireland and local authorities nationally to secure appropriate accommodation for our clients. The positives outcomes were 43% less than what was required for our clients and their families. Unfortunately, we have continued to house families and adults who have completed their residential treatment programme, as they have

nowhere to go. This was a steady and worrying trend in 2018 that is continuing in 2019. In line with Rebuilding Ireland, we urge Government, local authorities and housing providers to ensure the housing first model, social housing and recovery housing is extended to families and single people exiting treatment.

Recovery Capital

Coolmine recognises the need for a holistic care plan and recovery supports to give clients the best possible chance of maintaining their recovery. Responding to the various needs identified during case management processes, we provided 8675 medical assessments, 810 psychiatric reviews, 73 education course outcomes and 63 employment outcomes in 2018. In addition, we strengthened delivery of the Parents under Pressure (PuP) programme with continued private donor support, through the Community Foundation Ireland (CFI) and Health Service Executive in 2018. PuP is an internationally recognised intervention for high risk families that supports parents with addiction issues to build their strengths as a parent, develop secure, safe and caring relationships with their children. Building on this they learn practical parenting life skills. A total of 21 PuP programmes were delivered to over 168 high risk families during 2018.

In September 2018, Trinity College Dublin published research titled An Evaluation of the Parents under Pressure programme (PuP) at Coolmine. The key findings include that 100% of participants were substance free at programme completion. All had significant reductions in levels of depression, anxiety and stress making them emotionally available for their child(ren). To grow the reach of PuP internally (across all our services) and externally in collaboration with homeless, addiction and family support services, 8 accredited PuP therapists, 3 PuP supervisors and the first ever PuP trainer in Ireland were established in 2018.

Strategic Plan

2018 marked year three of Coolmine's strategic plan; Overcoming Addiction; Supporting Recovery 2016-2018. Over 82% of actions were either achieved or had made positive progress. The remaining have been incorporated into our 2019-2022 strategic plan Pathways to Recovery. Coolmine has made specific commitment to creating, enhancing and sustaining pathways for individuals and families impacted by problem substance use. In our new strategic plan we make specific commitments to creating, enhancing and sustaining pathways for individuals and families impacted by problem substance use. This strategic priority shall deliver appropriate

housing, access to career guidance, education and employment opportunities as well as case management for high risk families back in their local community.

Additionally we shall grow new services to better meet presenting demand. Demand for support and treatment access in Coolmine far exceeds availability. In 2018 we averaged 32 women daily seeking a treatment placement in Coolmine. We could not meet this demand in our present facility. In Q1 2019 it has almost doubled. Nationally, we have 63 women assessed and seeking placement daily in Ashleigh House from all over Ireland, of whom 80% are mothers. This strategic priority shall deliver 40 additional high risk family placements nationally, provide an additional 20% treatment placements for prisoners and regionally develop assertive in-reach to support individuals and their families in their community.

Coolmine would not exist without our dedicated and skilled staff. Their well-being is of great importance to us. Our staff continually go above and beyond for our clients so we try our best to actively promote healthy activities. This was clearly evidenced in 2018 as we received a Bronze Active @ Work Award from the Irish Heart Foundation for many health related events including cycle club, Fit for Life & Work programme, Step Challenge. All had a positive internal and external impact. We shall seek to build on this achievement in 2019 to ensure our staff can be innovative and strong in their performance.

I would like to take this opportunity to thank the Coolmine team - including staff, board members and volunteers - whose commitment, dedication and hard work made 2018 such a successful and memorable year for Coolmine. I would like to thank also our supporters as your generosity allows us to continue to provide our recovery services and introduce new programmes to meet growing and changing demands. We look forward to strengthening our relationship with you in 2019.



Pauline McKeown
Chief Executive

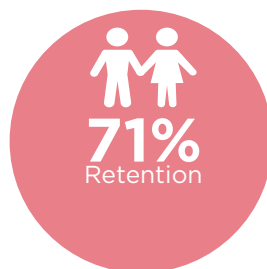
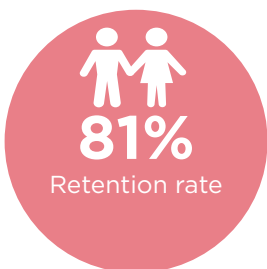
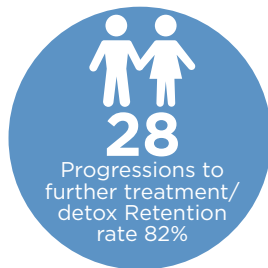
2018

HUMAN IMPACT

OUTREACH, ASSESSMENT AND STABILISATION



COMMUNITY AND DAY SERVICES



2018

HUMAN IMPACT

RESIDENTIALS SERVICES



RECOVERY SUPPORT SERVICES



OUR SERVICES

Coolmine believes that everyone should have the opportunity to overcome addiction and lead a fulfilled and productive life. To enable recovery, we deliver our services through a wrap-around continuum of care.

We provide a range of services based on a five phase Continuum of Care:

Contact, Assessment and Stabilisation Services

We provide access to our treatment services through contact, assessment, key working and group supports. We work in partnership with agencies nationally including Ana Liffey Drug Project, Arbour House Cork, Merchants Quay Ireland and the Probation Service for treatment options, assessment and pre-entry group supports. In 2018 we enhanced and created new pathways to treatment through targeted service delivery for travellers and new community members, homeless clients, young people and families.

- Outreach and assessment in the Irish Prison estate
- Outreach and assessment in the community
- Assertive Outreach Travellers and New Communities (North County Dublin & D15)
- Assertive Homeless In-reach worker North and South Inner City Dublin
- Drop in service and HSE needle exchange at Coolmine House, Dublin 2
- Pre-entry groups in Dublin 1, Dublin 2, Dublin 15 and Cork
- Stabilisation Day Programme
- Contingency Management Programme
- Assessment for residential and/or community detox
- Community Addiction Team Dublin 15
- Cannabis Mental Health Programme

Primary Treatment Services

The Therapeutic Community model is a treatment and rehabilitation approach where clients live in a small structured drug-free community. The goal is to encourage psychological and lifestyle changes to enable people to maintain a drug-free life. The treatment approach is based on peer support. Participants contribute to the general running of the community and to their own recovery by actively participating in educational activities, group and individual therapy.

- Residential methadone detoxification placements
- Men's residential service, Coolmine Lodge

- Women's and Mother & Child residential service, Ashleigh House
- Drug Free Day Programme, Coolmine House
- Community detoxification placements, Coolmine House
- Community Alcohol Programme

Integration and Aftercare Services

We provide a variety of specialist integration and aftercare programmes to support clients to live independent and meaningful lives, free from drug usage. We empower them through housing provision and education and employment support and training in the following ways:

- Integration programme
- Aftercare service
- Community House for families
- Community Employment Scheme
- Lifelong graduates service

Recovery services:

Coolmine recognises the need for a holistic care plan and recovery supports to give clients the best possible chance of maintaining their recovery from problematic drug and alcohol use.

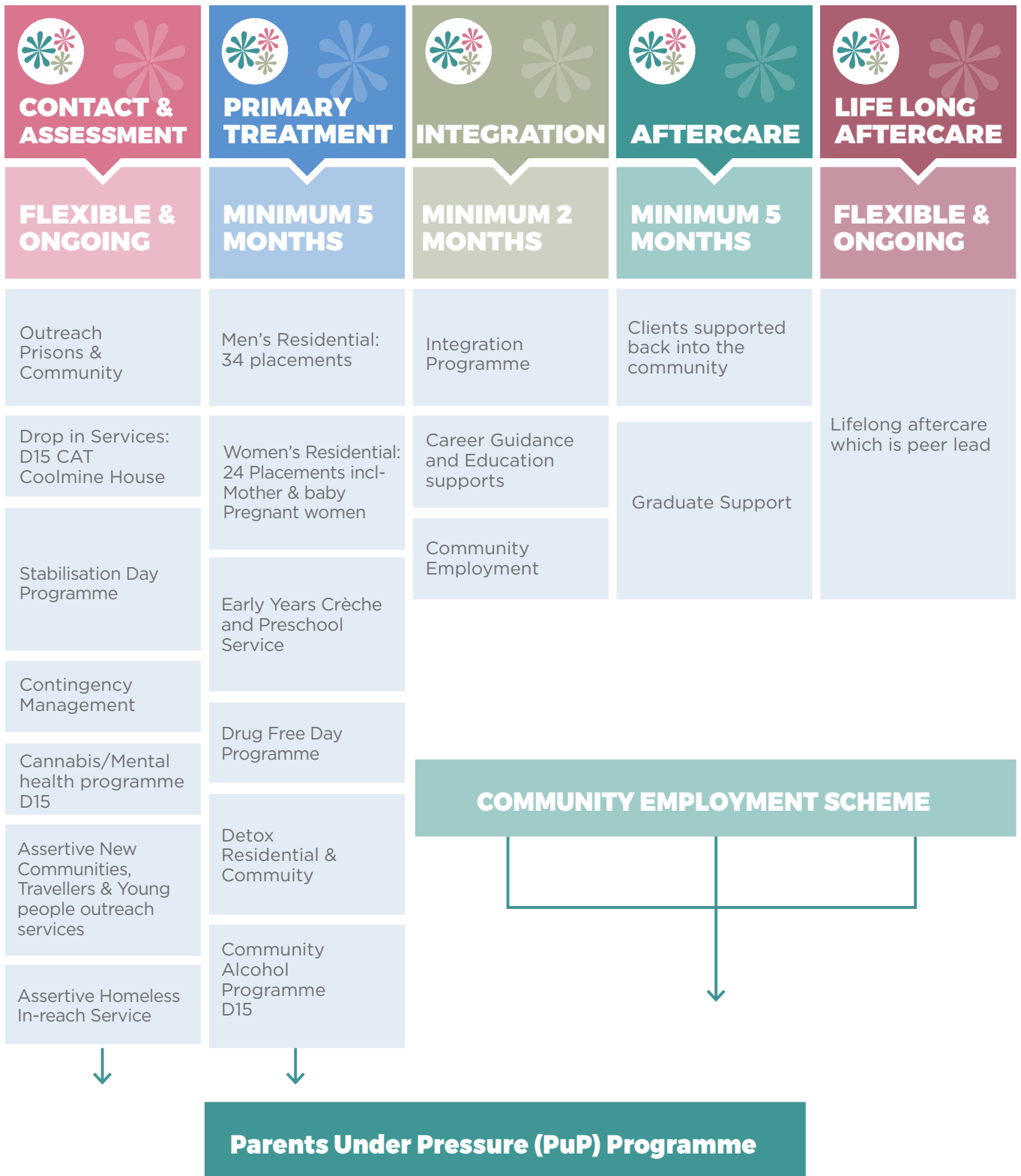
Responding to the various needs identified during case management processes, Coolmine provide the following range of services internally to ensure accessibility for our clients

- Medical services
- Health Promotion
- Housing support
- Career guidance, Education and Literacy support service
- Counselling/Psychotherapy services
- Parenting Under Pressure programme
- Client Participation Strategy

Family Support Services

- Weekly open support groups
- One to one support

Our peer-led Family Support Group meets on a weekly basis to offer guidance, help and advice to anyone who is affected by a loved one's addiction. This is a safe place for families to come together and talk about their issues in a secure environment. One-to-one tailored support is also offered for crisis intervention and emotional support.



RECOVERY SERVICES
 Nursing and medical services
 Counselling and Psychotherapy support
 Housing and Resettlement support
 Client Participation Strategy- weekly service user feedback meetings & six weekly organisation wide client forum meetings

FAMILY SUPPORT SERVICES
 Weekly open support groups; one to one support
 Mindful based Stress Reduction



“Coolmine has changed my life, in ways I can’t explain.”

“My name is Michael. I am now the client co-ordinator for Coolmine. I came to Coolmine in May 2018, suffering with drug addiction and struggling with many problems with the law. I came in lost and not knowing what Coolmine was about or what they do. All I knew was that I had to stop taking drugs. I had to turn my life around.

After 6 months I had moved into phase two of the programme in Coolmine. It was very rewarding for me when I finished phase two, especially when I was asked if I wanted to work on Coolmine’s Community Employment Scheme, as the client co-ordinator. This is a role where I would be communicating the needs of other clients to the staff of Coolmine. I said yes straight away. With my back ground and being a traveller I had never worked before, so it was a big risk for me, but I wanted to give

back to my peer that supported me in my journey. I actually enjoyed the responsibility and the challenge of it.

Today I’m doing so much better than before I went into Coolmine and my message for anyone trying to fight an addiction is to give it everything and you’ll get what you want from this programme.”

Coolmine Client Coordinator, Michael Cawley spoke of his recovery journey and his current role within the organisation.

Michael meets regularly with all our clients and service users to make sure our service provision is meeting their needs. As Michael points out, his role gives clients a voice, it makes no sense to have board making decisions without feedback and input from those living with use and using our services. We will always listen to those who trust us to guide them along their journey to recovery.

CREATING NEW PATHWAYS

2018 was about reaching into some of the most marginalised, vulnerable groups in Irish society and creating new pathways to accessing treatment and support. The new services we have developed to meet their needs are part of the inclusive health approach to addiction treatment we take in Coolmine.

Homeless In-Reach Service

The Assertive Homeless In-reach Service commenced in February 2018 providing clinics in homeless hostels and day services in inner city Dublin. The service offers assertive brief interventions, 1:2:1 key working and case management creating pathways to treatment for homeless clients. During 2018 we worked with 98 individuals across different homeless and addiction services. 35 individual progressions to further treatment were evidenced.

Outreach Service to Travellers and New Communities

During 2018 we provided an Assertive Outreach Service to travellers and new communities in the North Dublin Regional Drug and Alcohol Task Force area. The outcomes for 2018 include 261 people engaged with during assertive outreach activities. These individuals were supported through signposting and referrals. 34 individuals were case managed and supported with pathways to further treatment including detox, stabilisation and drug free treatment.

Dublin 15 Community Addiction Team (D15 CAT)

Coolmine was awarded a contract to deliver a Community Addiction Team in the Dublin 15 area in 2018. D15 CAT officially opened November 2018. A total of 51 individuals were provided with a pathway to treatment (including 16 young people) and an active caseload of 37 clients was evidenced since inception.

D15 CAT offers the following:

- Treatment and rehabilitation support for adult men and women with problem substance use
- Contact & interventions to young people and adolescents at risk of experiencing problematic substance use
- Treatment and support to members of ethnic and new communities impacted by problematic substance use
- Integrated family work to deliver whole family outcome

Minister of State for Health Promotion and the National Drugs Strategy, Ms Catherine Byrne TD launched the D15 CAT service in November 2018, calling it a direct and effective response to meeting the needs of target groups identified in the Dublin 15 community.

"D15 CAT provides easy access to services for those who want to overcome addiction in their community. I commend Coolmine for working with the Government and the HSE to establish this Team. Coolmine's proven track record will ensure those attending D15 CAT will get internationally recognised service and assistance." - Minister of State for Health Promotion and the National Drugs Strategy,

Ms Catherine Byrne TD





“ I found it so hard to find the strength to get into treatment ”

I came from a life of chaotic drug use, criminal background, homelessness, no morals or self-respect. I had lost my kids and job and was in a really dark place. I found it so hard to find the strength to get into treatment but I felt the lifestyle I was living was going to kill me.....

Today I am 4 months clean and have turned my life around in so many ways. My children are now a big part of my life thanks to the Coolmine programme. I have found the decent person I was before my life took a wrong turn. I will have my own home in the near future and lots more good things have happened, Sailing trips, weekends away with my peer group, things that are normal to most people but to me they are memories I will never forget.

I have always dreamed of bringing my children on a holiday to Disneyland or somewhere like that and now it's not a dream, I'm actually going to do it. I will have my own home to

be able to close my door and enjoy my time with my children. I have always worked at hair dressing and will now get back into that line of work. At the end of the day there is nothing I can't achieve.

Stacey Quinn



BUILDING RECOVERY CAPITAL

Coolmine is committed to a vision of recovery which strives for an enhanced quality of life rather than mere abstinence from drugs and alcohol. Sustained long-term recovery is about enhancing family and interpersonal relationships, progression of health, housing, educational, training and employment needs. Recovery Capital is made up of positive relationships, activities, interests, skills and occupations that enrich a person's life after overcoming addiction. It has been shown to dramatically reduce the occurrence of relapse and maintains recovery.

Parents Under Pressure (PuP) Programme

Recovery Capital features positive relationships with family members. A common feature of Coolmine clients is a history of intergenerational addiction. Four out of

five of our clients grew up in households where either one or both parents had acute addiction problems. This cycle of addiction can increase the likelihood of traumatic childhood experiences.

Our Parents under Pressure programme (PuP) is a direct response to these presenting needs. By providing support to parents experiencing addiction problems, we aim to break the cycle of addiction and trauma. This evidence based programme was independently evaluated by Trinity College Dublin and has delivered significant positive family outcomes.

- 92% of high risk families enrolled completed the programme
- 100% remained drug and alcohol free after PuP



157

Housing Outcomes



117

Parents under Pressure (PuP) programme participants



8675

Medical interventions



118

Health promotion workshops



202

Career Guidance Outcomes



63

Progressions to Employment & Volunteer Placements



467

Counselling sessions



101

Families Supported



VOYAGE OF RECOVERY 2018

We were delighted to set sail on our 2nd Irish Sea Voyage of Recovery, on the morning of the 22nd September 2018. 24 of our clients sailed on two 37 ft yachts from Dun Laoghaire and arrived back to Dublin Port 6 days later.

The Voyage of Recovery is a programme which provides opportunities for those with drug and alcohol addiction problems to develop skills and build confidence through sailing. The programme, a partnership between Coolmine and Cork-based Sailing Into Wellness, supported by Dublin Port Company, had its inaugural Voyage in 2017.

Sail training refers to time spent at sea designed to develop personal growth and social change. Sail training is internationally recognised as a therapeutic tool for addressing issues such as social inclusion, mental health and addiction issues.

The live-aboard voyage gives clients an experience of freedom and self-sufficiency as we live, eat and sleep on a boat. On-board everyone is treated equally (skippers, group leaders, participants) and we all join in on all aspects of life at sea. Clients develop their

sailing skills, are introduced to navigation and become involved in controlling the yacht and decision making.

There is a tangible sense of positive physical and mental well-being from the voyage. Mutual respect, building confidence and sharing positive social experiences are key outcomes.

All participants remain in recovery. This represents a 30% higher retention than those who are in treatment with Coolmine who were not exposed to the Voyage.

The inaugural Voyage of Recovery was incredibly successful, so much so that along with our partners Sailing Into Wellness and the essential support of Dublin Port Company, we were able to set sail in 2018 and look forward to the next Voyage in 2019.

If you are interested in getting involved or learning more about the Voyage of Recovery, contact james@sailinginotwellness.ie or lucy.hayes@coolminetc.ie.



HOMELESS WORLD CUP 2018



"Danny Moore on the Today Show on how quickly addiction escalates and the amazing experience of representing his country in Mexico."

The Homeless World Cup is a huge international phenomenon that positively impacts the lives of 100,000 homeless people every year through the sport of football. Three Coolmine clients were selected to represent Ireland on an international stage as part of the Irish national team to compete in the 2018 Homeless World Cup in Mexico. They returned home victorious having won their league and bringing home a cup.

Sport, competition and working as a team can transform the lives of individuals who have encountered difficulties like addiction and homelessness. Using sport as an agent for change, we can enhance self-confidence, self-discipline, self-worth and rebuild lives.

CHANGING PERCEPTIONS

In addition to inspiring marginalised people to make positive changes in their lives, we aim to change public perceptions around addiction. By creating pathways for people to fulfil their potential we can break the stigma that surrounds addiction and show that recovery is possible. Building recovery capital programmes like these can shape the way we think and talk about addiction as a society.

"It's given me more hope and more drive not to take drugs and criminality. For my kids to be able to see their Daddy playing football on telly is amazing. We've all had difficult lives - but we're moving forward together - it brings you together. The team builds a huge camaraderie and the drive to do well and hope."



JAMIE'S STORY



I came from a good family and had everything I could want growing up. My family life was perfect until I got to the age of 12. I got bullied most of my childhood for being overweight but at 12 I rebelled and told myself I would never be bullied again.

I changed who I was to make myself “cool” as every teenager wants to be. I started smoking weed and soon started selling it as well.

I wanted to appear as something I wasn't. This carried on until I was 16. At 16 I was introduced to headshop drugs. This was the first time I realised I had a problem. I couldn't go one day without it. I had realised that I was an addict. At this point my parents tried to get me to see an addiction counsellor. I was diagnosed with depression around this time.

My life went into a downward spiral for years, I felt like this was a life I was never meant to have. Suicide attempts, no friends, no family; a sad existence with no peace of mind. I started to get in trouble with the guards because of drugs, isolating myself from everyone and constantly looking over my shoulder.

This all led to a serious suicide attempt that left me in intensive care. It was in these moments that I realised I needed to change something.

It took me two years of struggle to get a day clean. At 3 months clean I made it to Coolmine.

I got so much from Coolmine it's hard to describe it all. The biggest thing for me was getting my family back. Then it was finding myself again. I got the chance to know who I really am, build self-respect and to value my life. I got my confidence and peace of mind back. My daughter looks at me like I can do no wrong and I owe that to Coolmine for the changes I've made.

I was given an opportunity with CJK Engineering, who are partnered with Coolmine, to begin an apprenticeship programme with them. It was a risk but I've given it my all and I'm proud of how far I've come.

HOPE for the future – this is the biggest change for me. I had never seen a future before. Now I do, a home, to travel and see the world, things I never would have dreamed of when I was in addiction.

GOVERNANCE

Coolmine Therapeutic Community Ltd (Coolmine) is constituted as a company limited by guarantee without a share capital. Its purpose, objectives and how it conducts its business are set out in its Memorandum and Articles of Association which establishes the objects and powers of the company. The Company is registered with the Charities Regulator and has charitable tax status with the Revenue Commissioners CHY 5902.

Coolmine's Board members, management and staff are focused on delivering quality outcomes. Our vision is that everyone should have the opportunity to overcome addiction and live a fulfilled and productive life - in practical terms this means being with family, friends and positive relationships, in housing, with a job or in education or training. This is where our services are targeted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is governed by a Board of Directors who work in a voluntary capacity. Directors are recruited based on skills, knowledge and experience. Directors do not receive any remuneration in respect of their service.

Coolmine's Board had eleven voluntary directors in 2018. No expenses were paid to directors. No contracts or arrangements of material interest to a Director were entered into during the financial year.

Coolmine is committed to having appropriate systems and controls in place. A report by outsourced Internal Auditors, Crowe Horwath, resulted in the Board recruiting two new Board members in 2018, improving board gender and age balance. A further Internal Audit report by BCK Audit was commissioned to report on Coolmine's cash handling management.

A comprehensive risk management framework was developed, risk owners were identified and training provided to the Management Team. A comprehensive Risk Register was established and subsequently reviewed by the Audit and Risk Committee. Risk is a feature on all organisational meeting agendas.

An assessment process and a work plan was completed for the introduction of the General Data Protection Regulations in May 2018.

Terms of Reference of Board Standing Sub Committees were reviewed in 2018. A new Sub Committee, the Nomination and Evaluation Sub Committee was established, whose role includes the review of Coolmine's Board succession plan. This committee also included the review of the Directors' Code of Conduct, the Directors' Letter of Appointment and the programme for Directors' Induction. This review will be considered by Board in 2019. In addition, an evaluation of the Board and its Sub Committees' effectiveness was initiated and the results will be reviewed at a Board away day in 2019.

An aftercare client has been appointed as the client Co-ordinator whose role is to facilitate bi-weekly client only meetings across all our services to exchange views, monitor service delivery to all our clients, discuss difficulties in service provision, resolve problems and suggest improvements. The Client Coordinator reports findings directly to Board.

Coolmine is fully compliant with the Governance Code for the Community, Voluntary and Charitable Sector in Ireland since 2015. During 2018 a full review, and renewal of our Code compliance took place.

In order to maintain standards of best practice across all areas of our organisation, the Board and Management of Coolmine adhere strictly to the recommendations outlined by the Charities Institute of Ireland and the Charity Regulator. We comply with the Statement of Recommended Practice for Accounting and Reporting by Charities (SORP) alongside the Governance Code and Fundraising Principles.

The Board of Directors met five times during 2018 consisting of quarterly board meetings and an annual strategy review day. Board sub committees meet at least two weeks in advance of Board meetings.

Board members are required at the beginning of board meetings, to confirm that they have no Conflict of Interest with the business of the meeting.

BOARD STANDING COMMITTEES

The board is assisted in its work, ensuring good governance and quality service delivery is maintained, through sub committees and working groups. Board sub-committees comprise of Board Directors and external co-optee's for expertise, when required.

In 2018 the following Board Standing subcommittees met quarterly:

Audit & Risk Committee

Patricia Doherty (Chair), Sean Hosford , Eddie Matthews , Seamus Dillon (co-optee) and Pauline McKeown (in attendance)

Finance Committee

Jim McKeon (Chair), Carthage Conlon, Liam Bergin, Brendan Rogers and Pauline McKeown (in attendance)

Nominations and Evaluation Committee

Alan Connolly (Chair), Carthage Conlon, Patricia Doherty, Pauline McKeown (in attendance).

Clinical Advisory Group

Dr Joanne Fenton (Chair), Anita Harris, Jo Hanna Ivers (TCD), Suzi Lyons (HRB), Mark Kennedy (MQI), Amy Roche, Paul Hatton, Lisa Larkin, Julie Walsh, Peter Moylan, Joe Farrell/Michael Cawley.

BOARD OF DIRECTORS CHANGES

In 2018 there were eleven directors who served on the Board of Coolmine.

- Siobhán McGee resigned from the board June 2018.
- Mary Galvin joined the board and was appointed at 2018 AGM.
- Sarah Morton joined the board and was appointed at 2018 AGM

Strategic Plan Implementation

2018 marked year three of Coolmine's strategic plan, Overcoming Addiction; Supporting Recovery 2016-2018. Over 82% of actions were either achieved or had made positive progress. The remaining actions have been incorporated into our 2019- 2022 strategic plan Pathways to Recovery. The Plan has key performance indicators and target dates. A Strategic Planning Implementation Group (SPIG),

led by the Head of Services, meets at intervals of six week to monitor and ensure the implementation of the strategic objectives. The Chief Executive delivers a report on progress of Strategic Plan implementation at every Board meeting.

QUALITY AND STANDARDS

Coolmine is committed to upholding the highest quality and standards in our service delivery.

The board of directors receive a quarterly Clinical Governance Report from our Clinical Advisory Committee through our Clinical Governance Lead Dr Joanne Fenton and our Head of Services.

Coolmine work within the following quality standards:

- Royal College of Psychiatrists (UK) Community of Communities Quality Standards (CCQI)
- Children's First Guidelines
- Quality and Alcohol and Drugs Service Standards (Policy & Procedural templates)
- Safer Better Healthcare (HSE)

In 2018, the Royal College of Psychiatry (UK) awarded CCQI Accreditation for the highest

clinical standards in our residential services in both Ashleigh House and Coolmine Lodge. We are the only service of our kind in Ireland to achieve this recognition.

Coolmine maintained professional, collaborative and responsive relationships with statutory funders during 2018. This included regular meetings with Health Service Executive National Social Inclusion and Community Healthcare Areas, Probation Service and various government departments.

Coolmine is a leading provider of treatment and rehabilitation services in Ireland and value the close working relationship with peer organisations to ensure that pathways of care for our clients and their families are provided in their community. Coolmine further this aim through our membership and representation at the National Voluntary Drug and Alcohol Sector, East Coast Cluster Sector, Homeless Network and Local Drug and Alcohol Task Forces. In addition, Coolmine's Chief Executive represents the Voluntary sector at the Standing Sub Committee Department of Health. Coolmine's work and reputation is dependent on the work and commitment of our staff. A comprehensive internal and external staff training and development programme, together with mentoring and leadership programmes for management was implemented throughout 2018. Healthy Ireland health and wellbeing programmes for employees were actioned in 2018.

Board Director	Meetings Attended (Eligible meetings in 2018)	Subcommittee Meetings Attended (Eligible meetings in 2018)
Alan Connolly (Chair)	5 (5)	3 (3)
Neil Bolton (Vice Chair)	4 (5)	1 (1)
Carthage Conlon (Secretary)	5 (5)	4 (4)
Siobhan McGee	1 (2)	0 (0)
Eddie Matthews	5 (5)	2 (4)
Dick Brady	4 (5)	0 (0)
Sean Hosford	4 (5)	3 (4)
Patricia Doherty	4 (5)	7 (7)
Jim McKeon	5 (5)	5 (5)
Mary Galvin	2 (2)	2 (2)
Sarah Morton	2 (2)	0 (0)

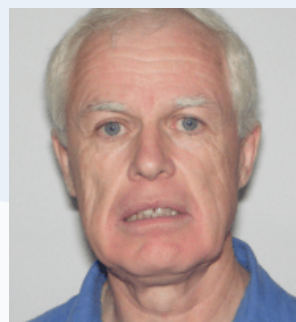
BOARD MEMBERS AND GOVERNANCE STRUCTURE



Alan Connolly
Chairman



Carthage Conlon
Company Secretary



Jim McKeon



Sean Hosford



Sarah Morton



Eddie Mathews



Patricia Doherty



Mary Galvin



Dick Brady

PARTNERS, FUNDERS AND SUPPORTERS

Coolmine supporters are our lifeline. Some have been with us from the very start and others have donated funds to support us with specific projects over the decades. In 2018 our partners, funders and supporters helped us to reach out and save lives.

Amongst all our funders and partners we would like to say a specific thank you to:

- Department of Justice and Equality via Probation Service
- Health Service Executive
- Department of Health
- Fingal County Council
- Dublin City Council
- Department of Social Protection
- Local Drug and Alcohol Task Forces
- Community Foundation Ireland
- Léargas
- Dublin Port Company
- Mallinckrodt
- Mediolanum
- CJK engineering
- Strandum HR

This year we worked with several agencies who allow us to provide the high standards of recovery services for which Coolmine is known. These include Ana Liffey Drugs Project, Arbour House Cork, Business in the Community, Community Employment Schemes, CKU Addiction Counselling Service, De Paul Ireland, Dublin Simon Community, Focus Ireland, Irish Prison Service, Merchants Quay Ireland, Novas, Probation Service, Peter McVerry Trust, Tallaght Rehabilitation Project and Tolka River Project.

Coolmine had a busy events schedule in 2018 which would not be possible without key supporters. A sincere thank you to our Voyage of Recovery partners, Dublin Port Authority and Sailing into Wellness. Your generosity has enriched the recovery journey of our clients. We would like to thank St Brigids Choir and the Blanchardstown Brass Band for their participation in our annual Christmas Gala Concert.

We would like to thank all of you who generously donate monthly through our 'Friends of Coolmine Campaign'. We would also like to thank our community of fundraisers who took part in challenges, shook buckets and packed bags in order to raise money for Coolmine. Thanks also to all the clients and staff who go beyond the call of duty by giving of their time and energy to help out at fundraising events.

Coolmine express a sincere thank you to staff of CJK Engineering, Deloitte, Mallinckrodt Pharmaceuticals, Mediolanum, Strandum HR for their appreciated support. For the volunteer hours and resources given to upgrade our facilities we are deeply grateful. Also, we extend our thanks to our partners Mediolanum, Mallinckrodt and CJK engineering for their support to the management team in our public relations, communication and promotions- thank you.

We, as always, would like to thank those in the media who helped us highlight the issues surrounding addiction and our work helping and supporting people through recovery. Finally we would like to thank everyone who supported Coolmine in 2018 - every donation, big and small, makes an important difference in vulnerable lives. Thank you all.



MALLINCKRODT PHARMACEUTICALS IRELAND - IMPROVING LIVES

Mallinckrodt Pharmaceuticals Ireland are a part of the Dublin 15 community. Our partnership with them has developed in many ways over the years, underpinned by a common vision of improving people's lives. They have shown unwavering engagement with us and our clients.

From the Volunteer Impact Days - where Mallinckrodt gave time and resources to refurbish Coolmine facilities working alongside our clients and staff, to attending our events - client graduations, service launches and open days, to vastly improving the quality of life for the women and children in our women's residential centre was significantly improved by the sponsorship of the Early Years Crèche and Pre-school external playground.

In 2018, the incredible CSR team in Mallinckrodt Ireland went to bat for us on an international stage and successfully applied for the International Mallinckrodt fund on behalf of Coolmine to purchase Coolmine a fleet of vehicles to the tune €50,000. This enabled safe transportation of our clients and their babies. In 2018 - over 230 adults and 45 children have benefited from safe travel in the company vehicles sponsored by Mallinckrodt. This includes over 35 family reunification access visits with children nationally.



CJK ENGINEERING - CHALLENGING STIGMA TOGETHER

2018 was a year defined by forging new pathways to recovery and producing recovery capital outcomes in employment, training and education. Our partnership with CJK Engineering has achieved that. In October 2018, CJK engaged one of our clients, Jamie Donovan, who is featured on page 15, on a flexible pathway to employment. He has since progressed to a full-time paid apprenticeship with CJK and is forging forward with his career.

This pilot employment project with CJK has been so successful for both CJK and Jamie that it is projected that 3 more Coolmine clients will be taken on in different roles with CJK in 2019.

We would like to say a huge thank you to CJK for their trust in our work and their belief in our clients. These partnerships break the stigma of addiction and show that recovery is possible.



FINANCE REVIEW

The statement of Financial Activities and Balance Sheet for the year ended 31st December, 2018, are set out on pages 24 to 27. The surplus for the year was €11,778 which compares with a deficit for the prior year of €25,402.

Incoming Resources - Where we received our income

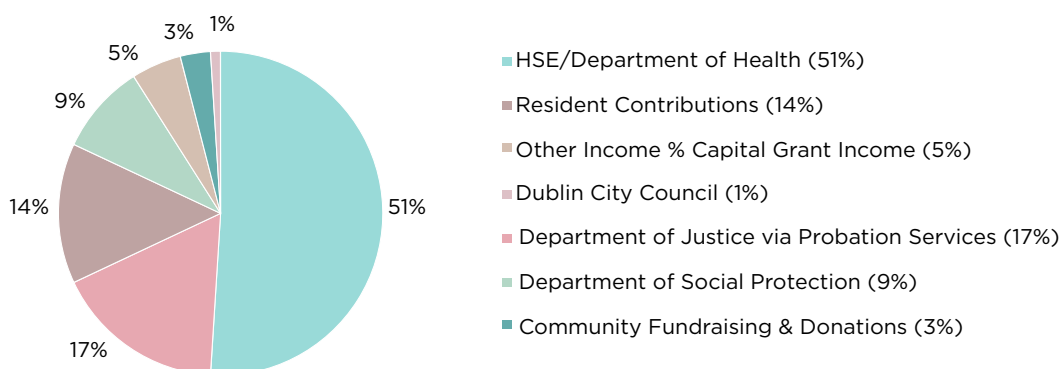
Income for 2018 was €3,507,814 compared to €3,219,256 in 2017, an increase of €288,558.

The work of Coolmine would not be possible without the continuing support of funders.

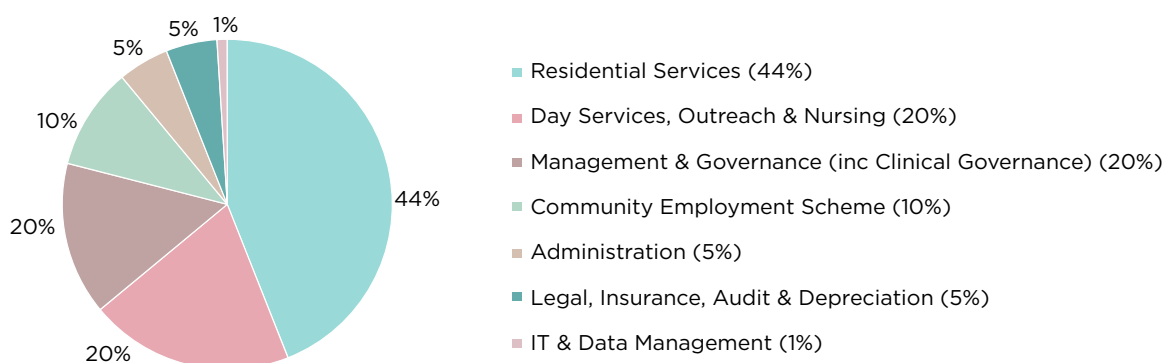
Principal funders include Health Service Executive/Department of Health (51%), Department of Justice & Equality via the Probation Service (17%) Department of Social Protection - CE Scheme (9%) and Dublin City Council (1%).

In addition Coolmine's income is supported by resident contributions (normally the redirection of welfare benefit to Coolmine whilst they are in our residential services) (14%), other grant income and capital grant income (5%) and community fundraising and donations (3%).

Sources of Income as %



Areas of Expenditure %



Resources Expended - Where we expended our Funds

Expenditure incurred for 2018 was €3,496,036 compared to €3,244,659 in 2017, an increase of €251,377

The incoming resources are wholly applied to support the mission of Coolmine and to ensure

that robust governance and stewardship procedures exist to safeguard clients and other stakeholders. Income is adequate to maintain services but resource constraints do restrict the nature of the service and there is scope to do more if resource provision increased. Likewise we carry some risks due to funding constraints and these are discussed in the section on risks and uncertainties.

Areas of Expenditure 2018	Staffing & Related Costs € ,000	Other € ,000	Total € ,000
Residential Services	567	268	835
Coolmine Lodge (Men's)	<u>501</u>	<u>202</u>	<u>703</u>
Ashleigh House (Women & Children)	1,068	470	1,538
Sub-Total			
Day Services	377	55	432
Other Service Supports	488	48	536
Management & Governance (including Clinical Governance)	139	6	145
Nursing	95	40	135
Outreach & Community Houses	<u>341</u>	<u>14</u>	<u>355</u>
CE Scheme	1,063	108	1,171
Sub-total			
Organisational Support	0	174	174
Legal, Insurance, Audit & Depreciation	25	15	40
IT Systems & Support	<u>105</u>	<u>36</u>	<u>141</u>
Administration	130	225	355
Sub-total			
Total	2,638	858	3,496

Reserves Policy The Board of Directors have examined Coolmine's needs for reserves in light of the main risks to the organisation. It has established a policy that the charity should maintain available reserves (namely reserves not committed or invested in tangible fixed assets) at a level equivalent to 13 weeks expenditure, in order to meet the working capital requirements of the charity.

At 31st December 2018 these reserves stood at €328,079 representing 5.2 weeks of expenditure.

Designated Reserves

In addition to the general reserves policy above, Coolmine also has some designated reserves of €20,000. These represent the balance of an original amount of €50,000 which was a legacy from the estate of previous Chairman Bill Foley of which €30,000 supported the extension to the Crèche in Ashleigh House completed in 2017 and the balance will support the work of the women's residential service by €5,000 for each of the next four years.

Auditors

Following a tender process during 2018, BCK Accountants have been appointed as our external auditors for the next 5 financial years (commencing with the 2018 external audit). BCK come with a wealth of experience in the charity space with a large proportion of their client base in the not-for-profit sector.

Accounting Records

To ensure that adequate accounting records are kept in accordance with Sections 281 to 285 of the Companies Act, 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's administration office at Ringwood Centre, Unit 7, Damastown Close, Damastown Industrial Park, and Dublin 15.

Future Developments in the Organisation

The principal of the business will remain as the operation, administration and support of therapeutic programmes.

PRINCIPAL RISKS AND CHALLENGES

Funding

The most significant risk facing Coolmine is unsustainable service delivery due a reduction in core funding. Coolmine is fully dependent upon its' current funding base to maintain services. Funding from state organisations accounts for 78% of our total income. This is just about adequate to maintain services at current levels and does not allow for increased support services in the organisation to support increased compliance environment. Any reduction in funding will threaten front line services. This position has resulted in the decision to suspend our Recovery through Nature (RtN) project in 2018 as it was operated from within existing resources. Any service adaptations or growth of new services shall be on a full cost model in 2019. In Coolmine we manage this risk through open, transparent and regular communication with our funders. In addition, we actively seek funding from alternate sources to safeguard service delivery. We have a clear target to deliver 7% new non-restricted annual income to sustain our current and grow new services during.

Staffing

Coolmine has expanded our service provision during 2018. Parallel with this process we have conducted a full audit and risk programme of work to ensure, and safeguard, that the best possible service is delivered to our clients and their families. Internal audit, Clinical governance, quality standards, compliance with legislative requirements and quality assurance are incorporated into operational practice and reviewed regularly. As a consequence of these developments an emerging risk is key person dependency. In 2019 we shall continue our process to define the key tasks and competencies required to ensure contingencies and deputies are in place to safeguard the organisations service delivery into the future.

A further risk for Coolmine is the loss of experienced staff due to increased employment opportunities, namely more attractive salaries, externally. In response to staff expectation of wage movement (after eight years of a pay and increment freeze) a decision to increase wages by 1.5% from 1 July 2018 was taken. It is expected wage movement will be a factor in future years and increased funding will be required if Coolmine is to meet reasonable expectations to secure and retain competent staff. For Coolmine, our staff are our services. They deliver and require continual professional development and supports to be innovative and strong in their performance. We are focusing on core staff training, development and well-being supports during 2019-2022.

Governance

Coolmine is aware that as a charity, significantly supported by state funding, working with people who are frequently vulnerable, marginalised and often from dysfunctional backgrounds, there is a continuous risk that we might fail in our duty of care to ensure that the organisation operates to the highest standards of governance and stewardship. To protect against this risk, the Board of Directors actively embrace compliance

with the triple lock of good governance recommended by the Charities Institute of Ireland and the Charity Regulator - namely compliance with the Statement of Recommended Practise for Accounting & Reporting by Charities (SORP) and the Governance Code.

Coolmine recognises that active compliance is an ongoing and continuous task where as an organisation we seek to achieve continuous improvement.

Quality Assurance

Clinical risk management and clinical safety are reviewed quarterly at the Clinical Advisory Group and Senior Management team meetings and presented to the board via the Audit and Risk Committee. This quality assurance work includes a review of our Children First compliance ranging from training for all staff online through to appropriate and safe levels of Designated Liaison Persons in place in Coolmine. In addition, we have safeguarding vulnerable adults' policy, complaints policy, protected disclosures and disciplinary procedures in place.

For over a decade Coolmine has an active client participation strategy in place. It has evolved and developed over the years but the key component has remained, an aftercare client, peer member is the Client Co-ordinator. Their role is to facilitate bi-weekly client only meetings across all our services, represent our client's voice to management team weekly and result in quarterly reports to the Board. The aim of this strategy is to formally and informally exchange views, monitor service delivery to all our clients, discuss difficulties in service provision, resolve problems and suggest improvements for Coolmine at both a local and strategic level.

Health and Safety

Our main operations take place in old buildings which require continuous maintenance to ensure they are fit for purpose. To a large extent this operational requirement is unfunded and presents a challenge to management to protect the health and safety of staff, clients and visitors. We need to ensure that adequate facilities are in place to conduct our service activity and provide safe, suitable and comfortable living accommodation in residential services.

Incoming Resources - Where we received our income

Income for 2018 was €3,507,814 compared to €3,219,256 in 2017.

The work of Coolmine would not be possible without the continuing support of funders. Principal funders include Health Service Executive/Department of Health (51%), Department of Justice & Equality via the Probation Service (17%) Department of Social Protection - CE Scheme (9%) and Dublin City Council (1%).

In addition, Coolmine's income is supported by resident contributions (normally the redirection of welfare benefit to Coolmine whilst they are in our residential services) (14%), other grant income and capital grant income (5%) and community fundraising and donations (3%).

COOLMINE THERAPEUTIC COMMUNITY STATEMENT OF FINANCIAL ACTIVITIES
(A COMPANY LIMITED BY GUARANTEE, WITHOUT A SHARE CAPITAL)
FOR THE YEAR ENDED 31 DECEMBER 2018

		Unrestricted	Restricted	Total	Total
	Notes	2018 €	2018 €	2018 €	2017 €
Income and Endowments from					
Donations and sundry income	8	111,097	-	111,097	131,324
Resident contributions	8	-	508,810	508,810	464,001
Government grants		-	2,887,694	2,887,694	2,623,555
Investment income		213	-	213	376
Total Income		111,310	3,396,504	3,507,814	3,219,256
Expenditure On					
Raising funds	9	-	1,888	1,888	2,174
Staff costs	9	-	2,638,393	2,638,393	2,405,883
Administration & Occupancy Costs	9	85,713	421,309	507,022	452,027
Direct Costs	9	-	275,669	275,669	279,616
Professional costs	9	-	73,064	73,064	104,959
Total Expenditure		85,713	3,410,323	3,496,036	3,244,659
Net surplus/(deficit)		25,597	(13,819)	11,778	(25,403)
Transfers between funds		(13,819)	13,819	-	-
Net movement in funds		(13,819)	13,819	-	-
Reconciliation of funds					
Total funds brought forward		637,691	821,421	1,459,112	1,484,515
Total funds carried forward		649,469	821,421	1,470,890	1,459,112

COOLMINE THERAPEUTIC COMMUNITY
(A COMPANY LIMITED BY GUARANTEE, WITHOUT A SHARE CAPITAL)
BALANCE SHEET AS AT 31 DECEMBER 2017

		2018 €	2017 €
Non-Current Assets			
Property, plant and equipment	12	<u>1,982,258</u>	<u>1,964,006</u>
Current Assets			
Receivables	13	83,856	105,804
Cash and cash equivalents		<u>359,550</u>	<u>498,896</u>
		443,406	604,700
Payables: Amounts falling due within one year	14	<u>(264,164)</u>	<u>(382,952)</u>
Net Current Assets		<u>179,242</u>	<u>221,748</u>
Total Assets less Current Liabilities		<u>2,161,500</u>	<u>2,185,754</u>
Amounts falling due after more than one year	15	<u>(690,610)</u>	<u>(726,642)</u>
Net Assets		<u>1,470,890</u>	<u>1,459,112</u>
Reserves			
Restricted funds	21	821,421	821,421
Unrestricted funds	21	<u>649,469</u>	<u>637,691</u>
Total funds		<u>1,470,890</u>	<u>1,459,112</u>

COOLMINE THERAPEUTIC COMMUNITY
(A COMPANY LIMITED BY GUARANTEE, WITHOUT A SHARE CAPITAL)
STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2018

		€	€
Cash flows from operating activities			
Surplus/(deficit) for the year		11,778	(25,403)
Adjustments for:			
Finance income		(213)	(376)
Depreciation		85,713	56,406
Amortisation of government grants		<u>(36,032)</u>	<u>-</u>
		61,246	30,627
Movements in working capital:			
Movement in receivables		21,948	(105,804)
Movement in payables		<u>(118,788)</u>	<u>382,952</u>
Cash generated from operations		<u>(35,594)</u>	<u>307,775</u>
Cash flows from investing activities			
Interest received		213	376
Payments to acquire property, plant and equipment		<u>(103,965)</u>	<u>(152,997)</u>
Net cash used in investment activities		<u>(103,752)</u>	<u>(152,621)</u>
Net (decrease)/increase in cash and cash equivalents		<u>(139,346)</u>	<u>155,154</u>
Cash and cash equivalents at beginning of financial year		<u>498,896</u>	<u>343,742</u>
Cash and cash equivalents at end of financial year	20	<u>359,550</u>	<u>498,896</u>

INDEPENDENT AUDITOR'S REPORT

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Coolmine Therapeutic Community ("the company") for the year ended 31 December 2018 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Changes in Equity, the Statement of Cash Flows and the related notes to the financial statements, including a summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2018 and of its surplus for the year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the Provisions Available for Audits of Small Entities, in the circumstances set out in note 4 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the

financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

However, because not all future events or conditions can be predicted, this statement is not a guarantee as to the company's ability to continue as a going concern.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited. The financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities

Responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to the going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Further information regarding the scope of our responsibilities as auditor

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of

not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Tony Kelly

for and on behalf of

BCK AUDIT ACCOUNTING AND TAX LIMITED

Certified Public Accountants and Statutory Audit Firm

Suite 4&5, Bridgewater Business Centre, Conyngham Road, Islandbridge, D08 T9NH

With your help we can reach out and save more people's lives.

 FUNDRAISING	 COMPANIES	 WAYS TO DONATE
Volunteer with us to help fundraise	Involve your company	Online, in person or by post
Fundraise for us through your own event	Payroll giving	Set up a Friends of Coolmine standing order
Take part in organised event (e.g. marathons, mini marathon)	Partnering with Coolmine	Become a major donor
	Staff volunteering opportunities	Donate in memory
		Leave a gift in your will



“I have found the person I was before addiction. Today I have my children with me and I have dreams for the future again. There is nothing I can't achieve.”



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Coolmine is a registered charity

CHY 5902