Helping people overcome addiction since 1973



Friends of Coolmine

Coolmine Therapeutic Community is a charity which supports and empowers people to overcome addiction. We have been helping people overcome addiction in Ireland since 1973 and unfortunately our services are needed now more than ever.

By becoming a Friend of Coolmine you are supporting a vital service which will help transform the lives of the people we assist and their families. For every one person caught up in the torment of addiction at least eight other people's lives are impacted upon; children, parents, partners, brothers, sisters, friends....

We work with over 1,000 people each year to support them and their families as they commence their journey to overcome their addiction. By committing to make a regular gift to Coolmine you are helping us provide this support.

Please, will you help us so we can continue our work among some of the most vulnerable people in our society.

How Your Monthly Gift Will Help

€10

Your monthly gift of €10 will help provide a bed and treatment for someone who is staying in our residential treatment services

Our 5 month residential treatment programme provides people with a place to call home whilst they attend therapy sessions, educational and life skills classes to empower them to lead an addiction free life and contribute positively to society.

Your monthly gift of €15 will help us provide baby supplies and food for babies who are residing in our Mother & Child Programme at Ashleigh House.



Ashleigh House is the only mother & child residential treatment programme in Ire- land. Young children and babies are cared for in our full time crèche, a safe and se- cure environment, whilst their mothers attend treatment in this 5 month programme.



Your monthly gift of €21 will help us provide for our client's medical needs and help fund our detox programme.

There are over 10,000 methadone users in Ireland and a very limited number of detox beds; we are one of the few charities which provide detox beds for those who are looking to overcome their addiction.

Any gift amount, no matter how small, will help us provide services to those who need it most.

Becoming a Friend of Coolmine



I'd like to make a mor	thly gift of:	€10	€15	5	€21*		OR€
(by standing order)						'	
Your Name:							
Address:							
Phone: Email:							
Bank / Building Socie	ty details						
Name:							
Address:							
Name of account holder(s):							
Account Number							
Sort Code:	-	0			/	/	
Sort Code:		Start Dat	.e:				
Signature(s):							
	bove month	ly amount	 to Cool	Da	te:	/ c Com	munity,
Signature(s): Please pay the a account number : *If you are a PAYE tax of	bove month 25791089, Al	ly amount B, 7/12 Dai	to Cool me Stree	Da Imine The et, Dublir nth, or €2	te: erapeution 2. Sort (/ C Com Code: ore in	/ munity, 93-20-86 any one year,
Please pay the a account number : *If you are a PAYE tax of could be wo	bove month 25791089, Al only payer, a rth up to an	ly amount B, 7/12 Dai gift of €2 extra 709	to Cool me Stree 11 a mor 6 to us.	Da Imine The et, Dublir nth, or €2 Please tie	rapeution 2. Sort of the control of	/ Code: ore in are P	munity, 93-20-86 any one year,
Signature(s): Please pay the a account number : *If you are a PAYE tax of	bove month 25791089, Al pnly payer, a rth up to an are unable t ase fill out yo	ly amount B, 7/12 Dai gift of €2 extra 709	to Cool me Stree 21 a mor 6 to us. I to a modebit cal	Da Imine The et, Dublir nth, or €2 Please tie onthly gif rd details	te:erapeution 2. Sort (/ Code: ore in are Pa	munity, 93-20-86 any one year, AYE
Please pay the a account number : *If you are a PAYE tax of could be wo We understand if you make a donation. Please	bove month 25791089, Al only payer, a rth up to an are unable t ase fill out yo orda	ly amount B, 7/12 Dai g ift of €2 extra 709 to commit ur credit/c	to Cool me Stree 21 a mor 6 to us. I to a mo debit cal ddress k	Da Imine The et, Dublir nth, or €2 Please tie onthly gif rd details oelow.	te:erapeution 2. Sort (/ Code: ore in are Pa	munity, 93-20-86 any one year, AYE
Please pay the a account number? *If you are a PAYE tax of could be wo We understand if you	bove month 25791089, Al pnly payer, a rth up to an are unable t ase fill out yo	ly amount B, 7/12 Dai g ift of €2 extra 709 to commit ur credit/c	to Cool me Stree 21 a mor 6 to us. I to a modebit cal	Da Imine The et, Dublir nth, or €2 Please tie onthly gif rd details oelow.	rapeution 2. Sort of 2	/ Code: ore in are Pa	munity, 93-20-86 any one year, AYE
Please pay the a account number : *If you are a PAYE tax of could be wo We understand if you make a donation. Please	bove month 25791089, Al only payer, a rth up to an are unable t ase fill out yo orda	ly amount B, 7/12 Dai g ift of €2 extra 709 to commit ur credit/c	to Cool me Stree 21 a mor 6 to us. I to a mo debit cal ddress k	Da Imine The et, Dublir nth, or €2 Please tie onthly gif rd details oelow.	rapeution 2. Sort of 2	Come: Code: ore in are Pa	munity, 93-20-86 any one year, AYE
Please pay the a account number : *If you are a PAYE tax of could be wo We understand if you make a donation. Please	bove month 25791089, Al only payer, a rth up to an are unable t ase fill out yo orde	ly amount B, 7/12 Dan I gift of €2 extra 709 to commit ur credit/d er to the a	to Cool me Stree 21 a mor 6 to us. I to a mo debit cal ddress k	Da Imine The et, Dublir nth, or €2 Please tie onthly gif rd details pelow.	rapeution 2. Sort of the series of the serie	Come Code: ore in are Pauld he a che	munity, 93-20-86 any one year, AYE
Please pay the a account number : *If you are a PAYE tax could be wo We understand if you make a donation. Please charge my:	bove month 25791089, Al only payer, a rth up to an are unable t ase fill out yo orda Visa	ly amount B, 7/12 Dan a gift of €2 extra 709 so commit ur credit/c er to the a	to Cool me Stree la mor to a mo debit cal ddress k Master	mine The et, Dublir hth, or €2 Please tie onthly gifted details pelow.	erapeutici 2. Sort of	Com Code: ore in are Puuld ho a che	munity, 93-20-86 any one year, AYE owever like to que or postal

Please complete & return this form to Coolmine Therapeutic Community, Unit 7 Ringwood Centre, Damastown Close, Dublin 15 D15E8FH and we will forward onto your bank.

Thank you!

Coolmine Therapeutic Community's commitment to those who need our help will continue to remain throughout these difficult economical times, as now more than ever people need our services.

However, we do need the support from the wider community to help us continue to turn lives around and allow people the chance to contribute positively to society.

We provide a range of quality services including; outreach, drop in services, stabilisation programmes, day programmes, residential programmes, education, community employment, right through to lifelong aftercare.

Our mother and child residential treatment programme is the only one in Ireland. Often a major barrier for mothers seeking treatment is that they are afraid to leave their children or simply don't have anyone to look after them. We eliminate this barrier by allowing children stay with their mothers while they seek treatment. The children, who may have come from chaotic backgrounds, are looked after during the day in our safe and secure crèche by our dedicated staff. The children are then cared for by their mothers in the evening and weekends, allowing vital bonding continue.

"I just felt stuck. You want to get clean but you don't want to leave your kids
...women who are in addiction and have kids don't really have very many options."

Gillian, mother who had her child in Ashleigh flouse

Coolmine Therapeutic Community, Unit 7 Ringwood Centre, Damastown Close, Dublin 15 D15E8FH

Tel: 01 827 0003 | Mob: 086 031 8290 | www.coolmine.ie | www.facebook.com/ CoolmineTC | Outreach: 087 1229307 | fundraising@coolminetc.ie Twitter: @CoolmineTC