



COOLMINE

OVERCOMING ADDICTION, SUPPORTING RECOVERY

Save the Date!

SUNDAY 16th APRIL 2023

We Are Having A Run/Walk
For Coolmines 50th Anniversary

All fitness levels are welcome

5k to 50k.

Leaving at 9am, @ Mahon House

Please ask a member of staff about our
weekly training Meetups if you are
interested in taking part.

Remember to wear appropriate Clothing and Footwear