

# Recovery at the Macro, structural and cultural level

By Dot Smith & Dr  
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“

*Societies eventually develop antibodies to addictive new things.*

”

*(Graham, 2010)*

# **A culture is a way of life of a group of people**



**-their behaviours, beliefs, values, ideas, customs, codes,  
institutions, tools, techniques, works of art,  
rituals, and ceremonies**

# The Dominant Culture of Contemporary Society

Isolation

Individualism

Competition

Consumption

Self-Centredness

Limits on who can contribute and  
participate

Control

Homogeneity

Inequality & Social Injustices





# The Culture of Recovery

Connection

Community

Collaboration

Creativity

Generativity

Contribution and participation

Liberation

Diversity/Heterogeneity

Equality & Social Justice



Photo by Cris Bosch on Unsplash



# Building an inclusive Recovery City

















“

*Society will change at a gallop when its world view changes, but its worldview will not change until an alternative philosophy appears, together with images, ceremonies, music and metaphysics that can give it life in human hearts and minds. The talented people who can produce them intuitively will materialise, as others have in previous eras of despair and confusion. We can only hope that they will appear sooner rather than later and that we are able to recognise them when they do.*

Bruce Alexander (2010: 400)





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